



Healthy Life Trajectories Initiative (HeLTI) Trainee and Early Career Researcher (ECR) Seminar Series presents:

Presenter:

Edith Breton, PhD

Assistant Professor at University of Quebec,
Chicoutimi



Topic: An interdisciplinary journey to better understand and support people living with eating disorders in remote and rural areas

Brief Description: How my rather unconventional path—from studying DNA to working with communities—shaped the way I approach eating disorders research. Now based in Saguenay as an early career researcher and assistant professor at UQAC, I bring together genetics, neuroscience, psychology, and lived experience to study mental health in a way that connects biology, people, and place—even in the most remote regions.

When: Tuesday, November 18 at 8:00 EST (13:00 GMT; 15:00 SAST; 18:30 IST; 21:00 CST)

Zoom: [Meeting Link](#)

Meeting ID: 841 4806 6392

Passcode: 339841

ALL are welcome to attend – please disseminate widely.

If interested in presenting during this series, please contact the HeLTI Office: helti@helti.org

[Click here to find future seminar dates](#)