

Research Made Easy: Empowering Nurse Leaders

15th – 16th February 2025

Faculty of Nursing and Medical Technology, University of Medicine and Pharmacy at Ho Chi Minh City

AGENDA

Agenda Day 1 – 15th February 2025

Time	Talk	Speakers
9:00 AM - 9:30 AM	Welcome & Icebreaker <i>Description: Fun introductions and a quick team-building activity to get everyone comfortable.</i>	Dr. Tran Thuy Khanh Linh
9:30 AM - 10:30 AM	What is Research? Why Does It Matter? <i>Description: A fun quiz and discussion on the importance of research in nursing.</i>	Dr. Tran Thuy Khanh Linh
10:30 AM – 10:45 AM	Tea Break	
10:45 AM – 12:00 PM	Turning Ideas into Research Questions <i>Description: Group activity: Brainstorming research questions based on everyday nursing challenges.</i>	Dr. Tran Thuy Khanh Linh
12:00 PM – 1:00 PM	Lunch Break	
1:00 PM - 2:00 PM	Simplifying Research Methods <i>Description: Interactive game: Matching research methods with nursing problems.</i>	Ms. Phan Thi Thu Huong
2:00 PM - 3:00 PM	Ethics in Research – A Storytelling Approach <i>Description: Case studies to explore ethical dilemmas.</i>	Dr. Huynh Thuy Phuong Hong
3:00 PM - 3:15 PM	Tea Break	
3:15 PM - 4:00 PM	Creative Corner: Design Your Research Poster <i>Description: Fun and artistic session where participants design posters summarizing their research ideas.</i>	All Facilitators and participants

Agenda Day 2 – 16th February 2025

Time	Talk	Speakers
9:00 AM - 9:30 AM	Morning Energizer <i>Description: Fun Group exercise.</i>	Dr. Tran Thuy Khanh Linh
9:30 AM - 10:30 AM	Data Collection Made Simple <i>Description: Hands-on workshop: Using simple tools to collect data effectively.</i>	Dr. Tran Thuy Khanh Linh
10:30 AM – 10:45 AM	Tea Break	
10:45 AM – 12:00 PM	Easy Data Analysis <i>Description: Group activity: Analysing a simple dataset using easy-to-understand methods.</i>	Ms. Nguyen Thi Ngoc Phuong
12:00 PM – 1:00 PM	Lunch Break	
1:00 PM - 2:00 PM	Sharing Research Findings <i>Description: Interactive presentation: How to share research results clearly and engagingly.</i>	Dr. Huynh Thuy Phuong Hong
2:00 PM - 3:00 PM	Bringing Research to Life <i>Description: How research can change nursing practice and improve patient care.</i>	Dr. Tran Thuy Khanh Linh
3:00 PM - 3:15 PM	Tea Break	
3:15 PM - 4:00 PM	Show & Tell: Present Your Research Poster <i>Description: Participants present their posters in a gallery walk, receiving feedback in a supportive environment.</i>	All Facilitators and participants
4:00 PM	Closing Ceremony <i>Description: Certificate Distribution, Group Photo, and Closing Remarks</i>	Organizing Committee

Speakers

	<p>Dr. Tran Thuy Khanh Linh, RN., MSN., PhD is the Executive Vice Dean of the Faculty of Nursing and Medical Technology at Ho Chi Minh University of Medicine and Pharmacy (UMP). She holds a PhD in Nursing from Queensland University of Technology (QUT), Brisbane, Australia, where she was an outstanding nominee. She also earned a Master of Science in Nursing from Loma Linda University, California, and a Bachelor of Science in Nursing from Ho Chi Minh UMP.</p> <p>Dr. Linh has over two decades of experience in nursing education, particularly in pediatric nursing, nursing research, and leadership. Since 2019, she has led the Faculty of Nursing at UMP, driving significant advancements in nursing research and evidence-based healthcare quality improvement. Her professional contributions include coordinating postgraduate nursing education and leading interprofessional education initiatives.</p> <p>Her research spans various topics, such as psychological distress in healthcare workers during the COVID-19 pandemic, nursing students' mental health, and interprofessional collaboration. Dr. Linh has successfully secured several institutional and city-level grants for her research, including studies on cancer care, palliative care, and remote psychological support for healthcare workers.</p> <p>Notably, she was the primary investigator for the project “Coping with cancer: A pilot study of a mobile application for stress self-management in cancer patients and caregivers in Vietnam” and led a groundbreaking grant to innovate the competency-based nursing training program at UMP, funded by the Ministry of Health.</p> <p>Her dedication to nursing research and education continues to inspire future generations of nurses. She focuses on improving healthcare outcomes through interprofessional collaboration and evidence-based practice.</p>
	<p>Hong Thuy Phuong Huynh, PhD, is a Senior Lecturer and an influential figure in nursing research and education at the Faculty of Nursing and Medical Technology, University of Medicine and Pharmacy, Ho Chi Minh City, Vietnam. She holds a PhD from Queensland University of Technology and has extensive experience in qualitative research, with a solid foundation in quantitative methodologies. Her expertise in qualitative research is reflected in her numerous publications and her in-depth exploration of the social aspects of nursing practice in Vietnam.</p> <p>In addition to her research, Dr. Huynh is passionate about guiding the next generation of nursing researchers. She has successfully supervised many Master’s students in their research projects, providing mentorship in both qualitative and quantitative approaches. As a leader in the Training Team, she has contributed to shaping the research curriculum and integrating research into nursing practice. Her dedication to combining research with practical application is evident in her</p>

	<p>leadership on projects like NursingVR for medication administration, aiming to enhance the quality of nursing education and clinical practice. Dr. Huynh’s contributions advance the academic and practical aspects of nursing in Vietnam and inspire future researchers.</p>
	<p>Phan Thi Thu Huong, MSN. is a nursing professional with over 27 years of experience in education and research, expert in community nursing care, geriatric care and nursing curriculum development. She has successfully mentored nursing students and guided their research endeavors in both academic and clinical settings. Her research interests encompass a broad range of topics, including mental health and quality of life of HIV exposure adults, Alzheimer’s knowledge scales validation, dementia training programs for hospital nurses, and nursing education. In collaboration with colleges and her students, Ms Phan has disseminated her research through publications in peer-reviewed journals and presentations at national and international conferences. Currently pursuing a PhD program in geriatric care at Chang Gung University, Taiwan, Ms Phan builds upon a solid academic foundation, having previously earned a Master’s degree at Saint Louis College, Thailand and a Bachelor’s degree in Nursing from the University and Pharmacy at Ho Chi Minh city. Driven by the desire to revolutionize dementia care, she is committed to enhancing the quality of life for individuals living with dementia. Through her research, she seeks to improve teaching methodologies and expand care options, she aims to significantly improve the lives of the patients.</p>
	<p>Phuong Thi Ngoc Nguyen, MSN, serves as the Main Lecturer in the Nursing Department at the Faculty of Nursing and Medical Technology, University of Medicine and Pharmacy in Ho Chi Minh City, Vietnam (UMP). She holds a Master of Nursing Science from Ajou University in Suwon, South Korea, and is currently pursuing her PhD in Nursing as part of UMP's inaugural cohort.</p> <p>Ms. Nguyen specializes in Geriatric Nursing, Palliative Care, Chronic Kidney Disease, Quality of Life, Mental Health (including stress and depression), Caregiver Burden, and Nursing Education. Her approach emphasizes holistic care for elderly and cancer patients, addressing their physical, mental, and social needs.</p> <p>In addition to her teaching, Ms. Nguyen is one of four core team members responsible for instructing Evidence-Based Practice and Research, catering not only to nursing students but also to those in medical technology. She has successfully supervised outstanding bachelor's theses since the program’s inception for undergraduate nursing students at UMP. Her expertise has led to invitations to share her research insights and support nursing staff in various hospitals across Ho Chi Minh City, including the HCM Oncology Hospital and Hung Vuong Maternal and Child Hospital.</p>

	<p>Moreover, Ms. Nguyen is involved in a collaborative project with Boston University, Hanoi University of Public Health, Hue University of Medicine and Pharmacy, and six oncology hospitals in Vietnam, focusing on a Stress Management Intervention Program. Her work significantly enhances nurses' research capabilities and the quality of patient care, reflected in her published research.</p>
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