

## Engaging Nursing Community in Enhancing Research Utilization in Lahore, Pakistan

Workshop Day 1	Workshop Day 2
<p><b>Date: September 27, 2024</b> <b>Day - Friday</b> <b>Time: 09:00 - 17:00 PKT</b></p>	<p><b>Date: September 28, 2024</b> <b>Day - Saturday</b> <b>Time: 09:00 - 17:00 PKT</b></p>

### Agenda

Time (PKT)	Talk	Panelists
09:00 am-09:10 am	Welcome & Introduction	<b>Ms. Rehana Elahi</b> - Director of Nursing at Shaukat Khanum Memorial Cancer Hospitals & Research Centre
09:10 am-09:30 am	Pre-Test	
09:30 am-10:30 am	Understand the Importance of Research in Nursing	<p><b>Muhammad Ishtiaq</b> – Associate Dean at Shifa Tameer e Millat University, Shifa College of Nursing</p> <p><b>Workshop' Objectives</b></p> <p>To understand the critical role of research in advancing nursing practices and improving patient care.</p> <p>To learn about the key elements that constitute a robust research study.</p> <p>To develop the ability to utilize existing research findings to improve nursing practices (evidence-based practice) research study.</p>
10:30 am-11:00 am	Tea Break	
11:00 am-11:45 am	Conceptualize Research Ideas and Create Research Proposal Outline	<p><b>Shams ul Huda</b>- Assistant Director Nursing at Shaukat Khanum Memorial Cancer Hospital &amp; Research Centre Peshawar Pakistan</p> <p><b>Workshop' Objectives</b></p> <p>To understand the process of generating and refining research ideas that address their healthcare challenges.</p> <p>To learn how to construct a comprehensive research proposal.</p>
11:45 am-01:00 pm	Design Research Methodologies for Community Engagement	<p><b>Adnan Yaqoob</b> Principal Nursing Education at Shaukat Khanum Memorial Cancer Hospital &amp; Research Centre Lahore Pakistan</p> <p><b>Workshop' Objectives</b></p> <p>To recognize the value of involving the community in designing research interventions.</p> <p>To gain practical skills in designing research methodologies appropriate for their research questions.</p>
01:00 pm-02:00 pm	Lunch and Prayer Break	

02:00 pm-02:45 pm	Introduction to TGHN Resources	<b>Dr Farah Asif</b> - Clinical Research Administrator at Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore Pakistan <b>Session Objectives</b> To discover how The Global Health Network (TGHN) resources can support their research development.
02:45 pm-03:15 pm	Group activities	<b>Salima Khowaja</b> - Nursing Lecturer Practitioner at Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore Pakistan <b>Workshop objectives</b> Group- activities through Case studies/success stories where community/patient engagement used in research
03:15 pm-04:00 pm	The real-life scenarios	<b>Himali Dixit</b> - Asia Coordinator, Mesh <b>Workshop objectives</b> The real-life scenario in helping to understand the importance of community engagement in designing a particular intervention
04:00 pm-04:30 pm	Train-the-Trainer Model Implementation and Promotion of Collaborative Research Culture	<b>Ms Farida Khan</b> - Assistant Director Nursing Education at Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore Pakistan <b>Session Objectives</b> To prepare nurse participants to train others in their institutions on research utilization and methodologies. To encourage collaboration among nursing professionals in research activities.
04:30 pm-05:00 pm	Posttest & Feedback	

## Speakers' Biographical Profile(s)

	She is a nursing professional with 40 years of experience at various national and international health organizations which is blended with Nursing Education, Management, and Administration at different levels of nursing. Currently, she is working as Director of Nursing at SKMCH&RC-Enterprise wide and Leading Nursing Services and Nursing Education. Ms Elahi also holds Certificate in Health Care Quality Professional (CHQP), with M.Phil. Educational Leadership, Master's in Public Health, English Nursing Board (ENB) Oncology Nursing, Post-RN BScN, Diploma in General Nursing, Diploma in Public Health, and Diploma in Midwifery. She is passionate about Nursing Research and its utilization in nursing practice and education.
<b>Ms. Rehana Elahi</b> Director of Nursing SKMCH&RC	
	Mr. Muhammad Ishtiaq is working as assistant professor and Assistant Dean Undergraduate Programs at the Shifa College of Nursing (SCN). He has 11 years of teaching experience and has worked as a community health nurse for 4 years. He has earned Master of Science in Public Health from Quaid-i-Azam University in 2014 and Master of Science in Nursing (NSN) from Shifa Tameer-e-Millat University (STMU) in 2020. Currently, he is enrolled in a PhD Nursing program at STMU. He had supervised several master students. Moreover, currently supervising five MSN students. He has 12 publications in various national and international journals.
<b>Mr. Muhammad Ishtiaq</b> Assistant Dean Undergraduate Programs Shifa College of Nursing	



**Ms. Farida Khan**  
Assistant Director Nursing  
Education  
SKMCH&RC Lahore

She is currently working with Shaukat Khanum Memorial Cancer Hospital & Research Centre as Assistant Director Nursing Education. She is the founding Principal of Islamabad Nursing College, a project of Healers Educational Society, where she was responsible for managing human resources and curriculum development, student recruitment, and external partnerships. She served as a consultant for Pakistan Nursing Council through Technical Resource Facility and trained more than 200 nursing tutors through curriculum, teaching, learning, and assessment workshops, She also served as Senior Instructor and Assistant Director at the Shifa College of Nursing Islamabad. Ms. Khan holds an MPhil degree in Health Sciences Education from Stellenbosch University (South Africa) and a bachelor's in nursing from Aga Khan University (Pakistan) and fellowship in education administration, Planning & Policy from Vanderbilt University USA.



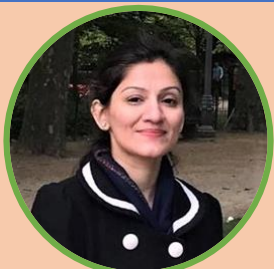
**Mr Adnan Yaqoob**  
Principal Nursing Education  
SKMCH&RC Lahore

He is a PhD Nursing Scholar with an area of interest in NCDs particularly in Cardiology. He completed MSN degree with APN Competencies in Cardiology from Aga Khan University and generic BSN from Dow University of Health Sciences Karachi. Mr Yaqoob have led MSN and BSN programmes at University level. He has a decade of experience working on several positions which include Nursing Instructor, Nursing Supervisor, Assistant Professor, and Vice Principal. Currently, He is working as Principal Nursing Education at SKMCH&RC. He has more than 50 research publications in different national and international journals. He also secured NIHR research grant for his PhD thesis. He will discuss the use of Mixed Methods approaches to involve patients' and healthcare professionals' community in designing tailored interventions based on the particular context.  
<https://www.researchgate.net/profile/Adnan-Yaqoob-3>





**Mr. Shams Ul Huda**  
Assistant Director  
Nursing  
SKMCH&RC Peshawar

Mr Huda is an experienced nursing professional with 18 years of expertise in nursing research, education, clinical practice, and management. Currently, he is working as the Assistant Director of Nursing at Shaukat Khanum Memorial Cancer Hospital and Research Center. Throughout his career, he has been engaged with various organizations, where he taught research and biostatistics to MS Nursing students and supervised their theses. Mr Huda holds a Bachelor of Science in Nursing (BSN) and a Master of Science in Nursing (MSN) from Aga Khan University, following the completion of a diploma in General Nursing. He is deeply passionate about nursing research, with interests in the competencies of nurses and nurse managers, quality, and patient safety. Mr Huda is committed to contributing to the advancement of the nursing discipline to improve patient care both nationally and internationally.



**Dr. Farah Asif**  
Clinical Research  
Administrator  
SKMCH&RC

Farah Asif aspires to Research capacity building, in Pakistan and in Shaukat Khanum Memorial Cancer Hospital & Research Centers (SKMCH&RC), Pakistan. In her 19-year career, she has been leading the Clinical Research Office at SKMCH&RC and has worked to support the institution in leading contribution to cancer research. She has done M.B.B.S. in 2004 (Nishtar Medical College, Multan), Pakistan; MSc Clinical Trials (London School of Hygiene and Tropical Medicine, London, UK); European Fellowship in Research Ethics (EFRE) organized by the Good Clinical Practice Alliance – Europe (GCPA) and the Strategic Initiative for Developing Capacity in Ethical Review (SIDCER) in cooperation with the Global Health Institute, University of Antwerp (GHI-UA), and the Middleton Foundation for Ethical Studies (MFES). She is currently Head of Clinical research Office in SKMCH&RC, she

	<p>oversees the Scientific Research Committee, Human Research Protection Program, and Research compliance oversight activities. She has worked in various collaborative capacities with multiple international bodies, including Bill and Melinda Gates Foundation. Since April 2024, she is leading the Coordination Centre, Pakistan, The Global Health Network. She is serving member of Shalamar Medical and Dental College Institutional Review Board (2021-ongoing), CoARA ERIP: Ethics and Research Integrity Policy in Responsible Research Assessment for Data and Artificial Intelligence 2024-ongoing, and Steering Committee, International Equity Forum 2023-ongoing.</p>
	<p>Himali Dixit is Mesh Coordinator for the Asia Region and an anthropologist by training. She is interested in helping to nurture a robust and inclusive public conversation by bridging critical gaps in our communication. Himali has worked in publishing, social science research, and counselling psychology. She created and runs a fellowship programme for journalists of marginalized communities underrepresented in media in Nepal.</p>
<p><b>Himali Dixit</b> Asia Coordinator, Mesh</p>	
	<p>Ms Khawaja is a Nurse and public health professional, working in the field of public health for more than a decade. Since then, she has been working in capacity of data analyst, epidemiologist, and Nursing Instructor. Currently, she is working as Nursing Lecturer Practitioner at Shaukat Khanum Memorial Cancer Hospital, Lahore, Pakistan. Her role is to train the novice nurses in outpatient adult and pediatric oncology and continuing education of nurses. Ms Khawaja is involved in teaching research, community (Preventive oncology) and other non- nursing courses to post-RN students. She also support them in their clinical as well as community placements and teach them community assessment and interventions, community mobilization and engagement, advocacy, and stakeholder mapping. As a part of community project, in 2022, she supervised the students' community projects related to preventive oncology in local community of Lahore. She supervise the students for their research, leadership and community projects as well.</p>
<p><b>Salima Khawaja</b> Nursing Lecturer Practitioner SKMCH&amp;RC Lahore</p>	