



*Healthy Life Trajectories Initiative*



## Healthy Life Trajectories Initiative (HeLTI) Trainee and Early Career Researcher (ECR) Monthly Seminar Series presents:

### Presenter:

Anna MacKinnon, PhD, R. Psych  
Assistant Research Professor, Clinical  
Psychologist at University of Montreal,  
CHU Sainte Justine Research Centre



**Topic:** Supporting Perinatal Mental Health & Parenting to  
Promote Early Childhood Development

(See the next page for brief description)

**When:** Wednesday, May 15th at 8:00 EDT (13:00 GMT; 14:00  
SAST; 17:30 IST; 20:00 CST)

**Click here to access:**

<https://mshri.zoom.us/j/83151274643?pwd=RFFmd0tvWE8yVzZ1OVg4TUFNQmlkZz09>

**Meeting ID:** 831 5127 4643

**Passcode:** 254845

ALL are welcome to attend – please disseminate widely.

If interested in presenting during this series, please contact the HeLTI Office: [helti@helti.org](mailto:helti@helti.org)

**Brief description of presentation (A few sentences would be great)**

An overview of my program of research, which aims to improve early childhood development across three integrative projects: (1) elucidating the interplay of risk and resilience factors at an epidemiological level; (2) using these findings to inform the co-development of innovative programs at the clinical level; and (3) applying equity frameworks to embed implementation of programs at the health systems level. Each level includes a secondary data analysis component (of large existing cohort and population databases) as well as a component for new data collection using cutting-edge approaches (DTI neuroimaging, eHealth clinical trials, partner-engaged co-design).