



Healthy Life Trajectories Initiative (HeLTI) **Trainee**and Early Career Researcher (ECR) Monthly Seminar Series presents:

Presenters:

Catherine M. Herba, PhD

Associate Professor in Psychology at Université du Québec à Montréal; HeLTI China



Doctoral student in clinical psychology at the
Université du Québec à Montréal
(Under supervision of Dr. Catherine Herba and Dr.
Mara Brendgen, UQAM)





<u>Topic</u>: Adolescent social media use and well-being: how longitudinal data can provide a more comprehensive and nuanced understanding of associations

When: Friday, January 26th at 8:00 EST (13:00 GMT; 15:00 SAST; 18:30 IST; 21:00 CST)

Click here to access:

https://mshri.zoom.us/j/83151274643?pwd=RFFmd0tvWE8yVzZ1OVg4TUFNQmlkZz09

Meeting ID: 831 5127 4643

Passcode: 254845

ALL are welcome to attend – please disseminate widely. If interested in presenting during this series, please contact the HeLTI Office: helti@helti.org