

AGENDA

TIME	TALK	PANELLISTS
8.00 a.m – 8.30 a.m	Arrival and registration of participants Conducting the baseline assessment	
8.30 a.m – 9.30 a.m	Why nurses need to conduct research and the importance of nursing research (1 h)	Mrs. MBC Samanmali Director Nursing – Medical Services, Ministry of Health, Sri Lanka
9.30 a.m - 10.00 a.m	Refreshments	
10.00 a.m – 1.00 p.m	Components of a study proposal, and how to choose the appropriate methodology for a specific research question (3h)	Prof. SSP Warnakulasooriya Professor in Nursing Dean Faculty of Nursing University of Colombo
1.00 p.m – 2.00 p.m	Lunch Break	
2.00 p.m – 3.00 p.m	Sample size calculation (1h)	Mr. AR Jayamaha Dean Faculty of Graduate Studies, KIU
3.00 p.m – 3.30 p.m	Tea Break	
3.30 p.m – 4.30 p.m	Ethical considerations involved in conducting research, including obtaining informed consent, protecting patient confidentiality, and ensuring the safety and well-being of research participants (1 h)	Mrs. ACH Perera Head of the Department of Research and Development Faculty of Nursing, KIU
4.30 p.m – 5.00 p.m	Q & A Session	
5.00 p.m	Dismissal (Post-workshop survey)	

SPEAKERS



Mrs. MBC Samanmali is a Nursing professional with 30+ years of experience in clinical and administration with skills in Management training, research, and teaching. Presently she serves as the Director Nursing – Medical Services, Ministry of Health, Sri Lanka. She possesses extensive knowledge on clinical nursing and nursing procedures in research involving human subjects. She has experience in administration, healthcare laws, and policies in health sciences, with strong leadership, management, and organizational skills, a keen eye for identifying talent, and a passion for building high-performing teams. She demonstrated the ability to multi-task and work effectively in high-stress environments. She holds a Diploma in General Nursing (School of Nursing, Galle), a Diploma in Management & Supervision – Island 2nd Place (Post Basic College of Nursing, Colombo), BSc Nursing – 2nd Class Upper Division (Open University of Sri Lanka / Athabasca University of Canada), MSc Nursing - (Adelaide University Australia) and a Master of Public Management – Sri Lanka Institute of Development Administration, Colombo.



Prof. SSP Warnakulasooriya is the Professor in Nursing and Dean of the Faculty of Nursing, University of Colombo. He entered the nursing profession in 1987. He holds a BSc with second class upper division Honours in Nursing from the Open University of Sri Lanka, a Master of Science in Nursing from the University of Adelaide in Australia, and a Ph.D. from the University of Sri Jayewardenepura.

Professor Warnakulasuriya holds several firsts in the field of nursing. He is the first Sri Lankan nursing professional to hold a Ph.D. from a Sri Lankan University. He is the first Sri Lankan Nursing Professional to have been appointed Professor on merit. He is also the first Sri Lankan nursing professional to have been elected a Dean in a Faculty.

Prof. Warnakulasuriya has received 16 research awards including three presidential awards for research from the government of Sri Lanka and three professional awards for his contribution to the nursing profession from professional associations including the prestigious “Florence Nightingale Lifetime Award” awarded by the Sri Lanka Nursing Association. He has a h-index of 10 and his work has been cited more than 850 times.

He is the current President of the Sri Lanka Nurses Association (SLNA) and he represents the higher education sector in the Sri Lanka Nursing Council (SLNC). He had been an exco-member of OPA from 2008 to 2018. He is a member of two scientific steering committees established by the International Council of Nurses (ICN), in Geneva, Switzerland. His research interests are nursing education, aged care, and work and health.



Mr. AR Jayamaha is an experienced and qualified nursing researcher and nurse educator affiliated with the Faculty of Nursing, KIU, Sri Lanka. He graduated with BSc Hons in Nursing in 2014 and started his career as a nursing officer. With the enthusiasm of being a nursing researcher and nurse educator, he pursued two master's degrees, MSc in Nursing and MSc in Applied Epidemiology and currently reading for his Ph.D. at the University of Leicester, UK. His research mainly focuses on nursing education, 24-hour physical behaviour, pulmonary rehabilitation, chronic obstructive pulmonary disease, and substance use disorder. He has communicated his work in numerous national and international research arenas and published research articles in peer-reviewed journals.



Mrs. ACH Perera is a qualified nursing researcher, educator, and nutritionist who currently serves as the Head of the Department of Research and Development, Faculty of Nursing, KIU, Sri Lanka. She completed her bachelor's degree in nursing from the University of Ruhuna in 2016 and started her carrier as a research assistant at the University of Kelaniya. Due to her strong interest in nutrition, she pursued a master's degree in food and nutrition and became a registered Nutritionist. She is currently reading for her Ph.D. at the University of Leicester, UK. Her research primarily focuses on nursing education, nutrition, pulmonary rehabilitation, and chronic obstructive pulmonary disease. She has communicated her work at numerous national and international conferences as well as published her work in many peer-reviewed journals.