

Nurse-led co-design methodology for developing community health nursing interventions

Face to face workshops

Pakistan

Event details

<p>Date: Saturday 24 June 2023 Time: 09:00 – 17:00 PKT Dow Institute of Nursing & Midwifery, Ojha Campus, Dow University of Health Sciences, Karachi, Pakistan Capacity: 50 Target audience: Nurses and Midwives</p>	<p>Date: TBC (July 2023) Time: 09:00 – 17:00 PKT Khyber Institute of Nursing, Khyber Medical University, Peshawar, Pakistan Capacity: 50 Target audience: Nurses and Midwives</p>
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Programme

TIME	TALK	Panellists (provide panellists' role, institution, country, and short Bio)
09.00 am – 09.30 am	Welcome & Introduction	Rubina Qasim, Acting Principal and Assistant Professor Dow Institute of Nursing & Midwifery, Dow University of Health Sciences, Ojha Campus, Karachi. Rubina Qasim, RN/RM, BScN, MScN, is working as an Assistant Professor at the Institute of Nursing & Midwifery, Dow University of Health Sciences located in Karachi, Pakistan. Rubina has more than 10 years of teaching and research experience in both public and private sector academic institutions in Pakistan. Her area of research is maternal and child health including routine immunization, and vaccine acceptance and hesitancy among marginalized hard-to-reach populations. Rubina is one of the recipients of Sabin's 2020 Social and Behavioral Research grants. She is leading a team of research staff including volunteer undergraduate nursing students, working for the health and social uplifting of the marginalized population living in the peri-urban slum Karachi, Pakistan. https://www.vaccineacceptance.org/people/rubina-qasim-msc/
09.30 am – 10.30 am	Introduction to Co-design	Mohammad T. Yousafzai, Assistant Professor Research and infectious disease epidemiologist, Department of Paediatrics and Child Health, Aga Khan University Karachi, Pakistan. Tahir has more than 10 years of research experience in Pakistan, the Middle East and Australia. His research interests include surveillance of vaccine preventable diseases among children, impact evaluation of newly introduced paediatric vaccines and vaccine hesitancy. He recently completed a funded study exploring the misinformation regarding the COVID-19 pandemic and COVID-19 vaccines and used co-design methodology to develop contextual strategies to address misinformation among the marginalized communities living in peri urban settlements in Karachi. In addition, Tahir is a co-investigator in several research projects funded through GAVI, BMGF and Polio Eradication. Tahir has published more than 90 papers in peer reviewed journals including invited commentaries in Lancet Global health.
10.30 am – 11.00 am	Tea /Coffee Break	

11.00 am – 1.00 pm	Understanding five steps of co-design methodology with deep dive into community engagement and need assessment exercise	Rubina Qasim (Acting Principal and Assistant Professor) and Muhammad Yaqoob, MScN (Senior Lecturer of Nursing at Dow Institute of Nursing & Midwifery, Ojha campus Karachi, Pakistan. Yaqoob has worked as a co-investigator and facilitator with Rubina Qasim in successfully completing Sabin Vaccine Institute funded co-design research project to explore mis-information regarding COVID-19 pandemic and develop contextual interventions to counter misinformation and improve COVID 19 vaccine coverage among highly marginalized population living in peri-urban slum communities of Landhi town Karachi. Mr. Yaqoob has a wealth of community health nursing research experience, community engagement including community influencers and stakeholders, conducting and facilitating need assessment exercises and co-design workshops for designing interventions. Yaqoob and Rubina will share their experience, lessons learnt, challenges and "what work" "what not work" from recently completed project.
1.00 pm – 2.00 pm	Lunch and prayer break	
2.00 pm – 3.00 pm	Co-design workshops for ideation and prototyping of locally acceptable interventions	Uday Narayan Yadav, Research Fellow National Centre for Epidemiology and Population Health, the Australian National University Canberra, Australia. Uday Yadav, MPH, PhD (implementation science) is an early career Implementation scientist and his research interest include non-communicable diseases, global health, Indigenous health, primary health care, and evidence-based policy. Dr. Yadav has implemented various public health programs and conducted research in Nepal, Bangladesh, Pakistan, India, and Australia. Currently, he holds a Research Fellow position at National Centre for Aboriginal and Torres Strait Islander Wellbeing Research, The Australian National University, Australia. Dr. Yadav's research has two major strands: assessing health problems and implementing co-designed solutions to address those problems. His contribution to global health is well recognised and is a recipient of two esteemed awards, the 2021 David L. Sackett Fellowship from the Nuffield Department of Primary Care Health Sciences, University of Oxford, UK, and the 2021 National Health Research Award from the Government of Nepal Dr. Yadav aims to address global health issues through the implementation of people-centered co-designed solutions and policy and advocacy with a special focus on unserved populations.
3.00 pm – 4.30 pm	Small groups activity – using co-design methodology to develop community health nursing research projects	Group facilitators: (1) Group 1 – Rubina Qasim, (2) Group 2 – Muhammad Yaqoob, (3) Group 3 – Muhammad Tahir Yousafzai. Each facilitator will supervise their respective group (each group with 10-15 participants) to come-up with a research question/problem relevant to community health nursing, refine the question to make it as specific as possible, and then chalk out a methodology using all five steps of co-design process to conduct this study in the identified community. Each group will prepare flip charts to present their research question with methodology in 10 minutes allocated time.
4.30 pm – 5.00 pm	Post workshop survey	Muhammad Yaqoob and Rubina Qasim