

DECEMBER 2022

# THE IHR PROJECT NEWSLETTER

Updates from UKHSA's  
International Health Regulations  
Strengthening Project

## In this edition

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Welcome! This publication provides updates for the project's internal colleagues and external partners. If you have any queries, feedback or contributions please contact:

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## The IHR Strengthening Project Hosts Side Event at the Conference for Public Health in Africa (CPHiA) 2022

In December, a number of the IHR Strengthening Project team attended the 2nd International Conference on Public Health in Africa (CPHiA) in Kigali, hosted by the African Union and Africa Centres for Disease Control and Prevention (Africa CDC) in partnership with the Government of Rwanda.

The IHR Strengthening project, in collaboration with Africa CDC, was privileged to organise an official side event at the conference, on "Strengthening and Developing Mentorship for Public Health Workforce in Africa". The event explored what good mentorship looks like, how to grow from mentee to mentor, and other pertinent issues to help develop and expand public health mentoring in Africa. The sessions aimed to initiate, establish and encourage dialogue on mentoring for the public health workforce in Africa, and create a database and a functional network of public health mentors for Africa.

*"The creation of a mentoring network for Africa will enable linking mentor-mentee to scale and at a high quality to transform the public health workforce practice on the continent."*

**Martin Muita**  
IHR Strengthening Project  
Lead for Africa CDC



The conference was an excellent opportunity for the IHR Strengthening Project team to network with public health colleagues and learn more about the great work being taken forward in Global Health across the continent.

**[Read the full article on the hub](#)**

## Updates from the IHR Project

# One Health National Bridging Workshop in Zambia

The IHR Strengthening Project One Health team travelled to Zambia to facilitate the One Health National Bridging Workshop. National bridging workshops (NBW) provide a formal consultation and structured exercise bringing together national and sub-national stakeholders across Ministries of Health, Agriculture, Livestock, Environment and Wildlife and other relevant sectors to improve cross-sectoral coordination and collaboration in the pursuit of improved national health security and One Health.

The workshop, which was organised by WHO in collaboration with World Organisation for Animal Health (WOAH), UKHSA and Capacitating One Health in Eastern and Southern Africa (COHESA) was successfully carried out with a number of key technical areas prioritised and specific activities identified to support improved coordination and collaboration. The roadmap is aligned with the national One Health Strategy and will be implemented within the context of the National Action Planning for Health Security (NAPHS) once the report has been finalised. **[Read the full article on the hub](#)**



# Economic Community of West African States (ECOWAS) Commission Validation Workshop in Cote D'Ivoire

Dilys Morgan, Consultant in Global Public Health, attended the ECOWAS Commission Validation workshop for the ECOWAS Regional One Health (OH) strategy and OH Coordination governance mechanisms.

The workshop was aimed at fostering networking and trust-building between the human, animal, and environmental health sectors across the ECOWAS region. The workshop brought together OH stakeholders from ECOWAS Member States and institutions, international partners and non-state actors to consult on progress made in operationalising the Regional OH Governance Manual and the development of a regional OH strategy.

The event provided an excellent opportunity to meet with colleagues and key contacts from our partners from West African countries, as well as highlighting the work and impact of UKHSA in the region.



**[Read the full article on the hub](#)**



## Regional Knowledge Hub Workshop in Ethiopia

Members of UKHSA's IHR Strengthening team alongside colleagues from Africa Centres for Disease Control and Prevention (Africa CDC) held a planning and development workshop in Ethiopia during October 2022 to support the establishment of the Regional Knowledge Hub (K-Hub).

Africa CDC is mandated to strengthen Africa's public health institutions' capacities and capabilities to detect and respond quickly and effectively to disease threats and outbreaks. Working through the network of its Regional Coordinating Centres (RCCs), one of the priorities for Africa CDC is the management of regional knowledge. To this end, a Regional Knowledge Hub (K-Hub) was conceived as a unique resource to serve as an interactive and useable "one stop shop" for all public health critical information and knowledge on the African Continent. This is more than just a repository with the aim being to create a community of interest supported by a central online platform. The K-Hub will facilitate and enhance regional collaboration and coordination by ensuring availability of key public health resources. To support the development of the K-Hub, a two-day residential workshop was held at Kiruftu Resort in Debrezeit, Ethiopia.

A total of 20 participants attended the workshop. Participants were drawn from all the directorates of Africa CDC, including the Southern and Eastern RCCs. The workshop was designed to include a range of interactive activities such as World Café, Mentimeter, group discussions, and use of Padlets to ensure maximum participation and engagement of participants.

*"Without good information we can't make good public health decisions. The potential impact of the Knowledge Hub is significant for the ambition of Africa CDC"*



At the end of the workshop the participants agreed that it had been a useful 2 days that generated valuable outputs. Dr Justin Maeda confirmed that the outputs from the workshop would be fed back to Africa CDC management as an Executive Summary containing the high-level outcomes and that the Regional K-Hub work will also feed into the Technical Advisory Committee.

Following the workshop, a roadmap for implementation will be further developed and a pilot of the Regional K-Hub will be undertaken. Further to this additional stakeholder workshops will be organised to inform further development of the Regional K-Hub. The UKHSA is supporting this critical Africa CDC work stream with key personnel through its IHR Strengthening project.

**[Read the full article on the hub](#)**

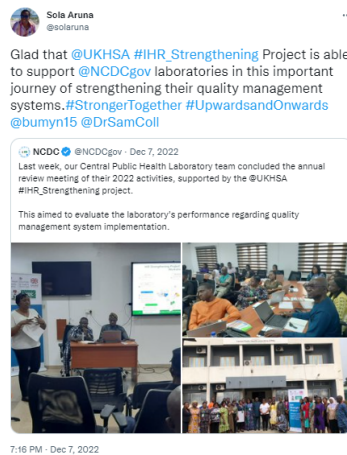


# Monthly Media Round Up

A selection of recent appearances of the IHR Project in the media. Please click the items to view the posts.



9:08 PM - Dec 4, 2022



## January Wellbeing

Seasonal wellbeing - with COVID and the flu circulating, its important to ensure you stay at home and avoid close contact with others if you have any symptoms-its also not too late to get vaccines.

A lot of us use the new year as an excuse to make resolutions for the year ahead. If you are one of these people, try these 7 tips designed to help you make good resolutions and stick to them!

[7 tips to keep your New Year's resolution \(ucdavis.edu\)](#)