

SEPTEMBER 2021

THE IHR PROJECT NEWSLETTER

Updates from UKHSA's
International Health Regulations
Strengthening Project

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Welcome! This publication provides updates for the project's internal colleagues and external partners. If you have any queries, feedback or contributions please contact:

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Updates from the IHR Project

Access the latest news from the IHR Project and its partners on the [News page of our online knowledge hub.](#)



Emergency preparedness team deliver training in partnership with NCDC

In July, the IHR Project's Emergency Preparedness Resilience and Response (EPRR) Team responded to a request from colleagues at the Nigerian Centre of Disease Control (NCDC) and travelled to Nigeria to provide a workshop on the use of Simulation Exercises as a tool for strengthening epidemic preparedness as well as a 2-day Table-Top Exercise to validate and familiarise government agencies with the Nigeria National Public Health Multi-Hazard Emergency Preparedness and Response Plan.

[Read about the collaboration between the IHR EPRR team and NCDC colleagues.](#)



The IHR Project EPRR team in Abuja, July 2021

Where do we go from here? Improving subnational health security assessments in Nigeria

The IHR Project and Resolve to Save Lives (RTSL) have been close partners in Nigeria for several years.

The projects have recently collaborated to develop and pilot a sub-national health security assessment tool for Nigerian States.

Dr. Emmanuel Agogo, RTSL Nigeria country representative, reflects on the need for a sub-national IHR capacity assessment tool and the pilot so far.

[Read Dr Agogo's reflection on our hub.](#)



Colleagues at a subnational health security assessment pilot in Nigeria

New resources on the IHR Project Knowledge Hub

 Access on the [Publications and reports page of our knowledge hub.](#)

Workforce development tool: Setting Our Vision - How This Helps Leaders

The September 'tool of the month' from the IHR Project's Workforce Development Team looks at the topic of vision setting and how this helps leaders.

This is the fourth 'tool of the month' from the IHR Project's Workforce Development Team and over the coming months they will be sharing their favourite concepts, models, hints and tips to help our teams in all different work environments. Please come back each month to see what they are sharing!

IHR Strengthening Project Workforce Development



Setting Our Vision – How This Helps Leaders

This is the fourth 'tool of the month' from the IHR Project's Workforce Development Team. Over the coming months we will be sharing our favourite concepts, models, hints and tips that resonate with us and really helped us out in all different work environments. Please come back each month to see what we are sharing. As with all concepts, models, hints and tips – these do not represent a fixed way of doing things, they are not hard and fast rules – if they resonate with you please make use of them – if they don't that's fine too!

This month we return to one of my favourite books 'Leadership Plain and Simple' by Steve Radcliffe (PEARSON, 2012). Radcliffe suggests a simple and practical approach to understanding effective leadership behaviours: 'Future, Engage, Deliver' (FED) – a step by step approach which can effectively be applied to all colleagues in numerous settings. The first step in FED is for you to understand and articulate your vision, here I share how we can understand our vision and use it in the work environment.

Firstly – what do we mean by vision? "The ability to think about or plan the future with imagination or wisdom"[1]. Our personal vision is based on our values, beliefs and circumstances.

Preview of the September workforce development tool, available on the knowledge hub

IHR Project Annual Review 2019-20

This IHR Project annual review covers the period of April 2019 - March 2020 and has recently been published on the IHR Project Knowledge Hub.

The IHR Project team and Department of Health and Social Care Global Health Security Team (DHSC GHS) both provided input for this review. The IHR Strengthening project teams provided the content and accumulated the inputs from across its project teams and partners across the target theatres of engagement. The DHSC GHS team stated *"The IHR Strengthening project has had another successful year of delivery, making progress at country and regional level. The IHR Strengthening project has taken a leading role in developing strong links with Africa CDC which has benefited not only other Global Health Security projects but across government."*

[Access the document here.](#)

Media round up

A selection of recent appearances of the IHR Project in the media. Please click the items to view the posts.



September Wellbeing Tip

As Autumn is approaching and the days are getting shorter, make sure you are making the most of these last bits of Summer sun! Taking regular breaks from your desk and getting some vitamin D by going for a short walk is a super great way to boost your mood and look after your wellbeing.