

JUNE 2021

THE IHR PROJECT NEWSLETTER

Updates from PHE's International
Health Regulations Strengthening
Project

In this edition

- Updates from the IHR Project
- New resources on the IHR Project Knowledge Hub
- Upcoming events
- Media roundup
- Wellbeing tip

Welcome

This publication provides updates for the project's internal colleagues and external partners. If you have any queries or feedback, please contact Alex.Sully@phe.gov.uk



Updates from the IHR Project

Access the latest news from the IHR Project and its partners on the [News page of our online knowledge hub](#).



A goodbye to Addis from John Forde

The IHR Project sadly bid goodbye to John Forde this month. John has been with the project since 2018.

For the past three years, John has been based in Addis Ababa as the IHR Project's Country Lead and Senior Public Health Advisor for Ethiopia.

John reflected on his role, working with the Ethiopian Public Health Institute (EPHI), their achievements and life in Addis Ababa.

[Read the article by John Forde.](#)



John Forde playing with his band, Ishi Jambo in Addis Ababa

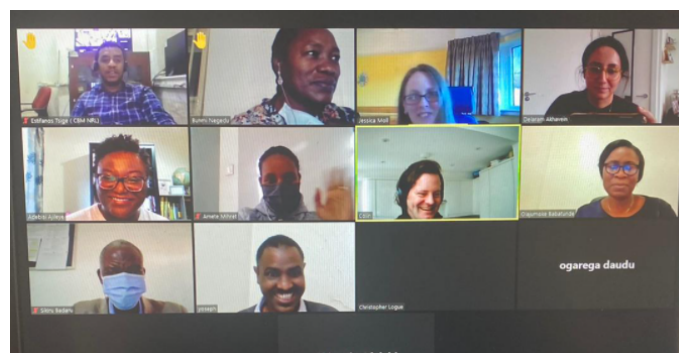
Going virtual with lab leaders!

The IHR Project's National Infection Service and Workforce Development teams have successfully adapted their laboratory leadership and management training to remote delivery.

[Find out the key reflections, learnings and next steps from the facilitators.](#)



John Forde and the Deputy Director General of EPHI, Achalew Abayneh at the EPHI farewell dinner



A screenshot from the laboratory leadership training

ISO 15189 Internal Audit training for NCDC laboratory staff

This month, the IHR Project ran two 3-day workshops on ISO 15189 Internal Audit for Laboratory Staff of the Nigeria Centre for Disease Control (NCDC).

The trainings were accredited by the Medical Laboratory Science Council of Nigeria (MLSCN) as Continuous Professional Development and participants were awarded 4 credit units to be used toward acquiring licenses for medical laboratory practice.

The workshops were facilitated by Olubunmi NgeduMomoh, the IHR Project's Technical Advisor (Laboratories) to the Director General of NCDC.

[Find out more about the training on our hub.](#)



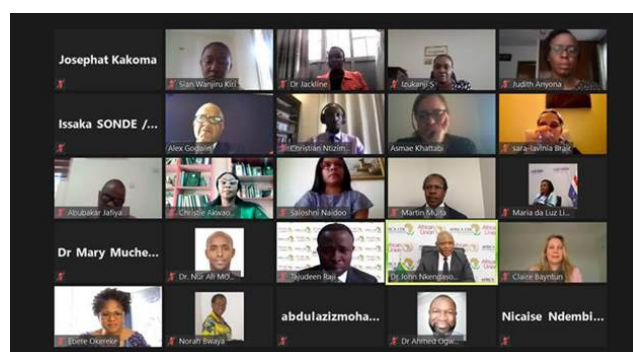
Workshop at the NCDC Central Public Health Laboratory (CPHL) in Yaba, Lagos

Access the latest news from the IHR Project and its partners on the [News page of our online knowledge hub.](#)



Africa CDC launches the Kofi Annan Global Leaders Programme

On 12 April, the African Centre for Disease Control and Prevention (Africa CDC) in partnership with the Kofi Annan Foundation, launched the Global Health Leaders Programme.



A screenshot from the Kofi Annan Global Leadership Programme launch event in April

The aim of the programme is to support the next generation of aspirational public health leaders from Africa.

[Read about the programme, fellows and how the IHR Project is collaborating with Africa CDC.](#)

New resources on the IHR Project Knowledge Hub

 Access on the [Publications and reports page of our knowledge hub](#).

Workforce development tool: Leadership and the Four Energies

The IHR Project's workforce development team will be producing a tool each month on their favourite concepts, models, hints and tips for different work environments.

The first tool in the series has been produced by Jess Moll, Workforce Development Manager, and is titled '*Leadership and the Four Energies*'.

This resource introduces the concept of the 'Four Energies' and how to employ them in the workplace. The resource also includes short videos to demonstrate the techniques.

IHR Strengthening Project Workforce Development



Leadership and the Four Energies

Welcome!

This is the first 'tool of the month' from the IHR Project's Workforce Development Team. Over the coming months we will be sharing our favourite concepts, models, hints and tips that resonate with us and really helped us out in all different work environments. Please come back each month to see what we are sharing. As with all concepts, models, hints and tips – these do not represent a fixed way of doing things, they are not hard and fast rules – if they resonate with you please make use of them – if they do not that's fine too!

Leadership

Our first offering touches on one of my favourite books 'Leadership Plain and Simple' by Steve Radcliffe (PEARSON, 2012). Radcliffe suggests a simple and practical approach to understanding effective leadership behaviours: 'Future, Engage, Deliver' – a step by step approach which can effectively be applied to all colleagues in numerous settings. This monthly update introduces the concept of the 'Four Energies'.

A standard definition of leadership.

The art of motivating one or more people to act towards achieving a common goal.

Notice that the leader does not have to be someone who has an official mandate to lead, it can be someone within or allied to a team that can influence colleagues in many ways. It can any one of us.

Preview of the June workforce development tool,
available on the knowledge hub

Please share this with your colleagues and get in touch if you have any feedback.

Government progress report

G7 Carbis Bay progress report: advancing universal health coverage and global health through strengthening health systems, preparedness and resilience


This report sets out how G7 countries led on improving global health and tackling epidemics and emerging threats since 2015, including in the COVID-19 pandemic. Colleagues from the IHR Strengthening Project contributed to the report and evidence from the project appears in chapter 3, highlighting the UK's support for WHO Joint External Evaluation (JEE) processes and their use in strengthening IHR capacities.

Conference poster

A literature review of the epidemiology of poisoning in Ethiopia to support development of training materials to establish a poisons centre.

This poster was developed under the IHR Strengthening Project and submitted to the 2020 Public Health England annual conference.

Upcoming IHR capacity building events

 Links to further information and event registration can be found on the [Events page of the IHR Project Knowledge Hub](#).

Tuesday 29 June 2021

15:00 BST

Infection, Prevention and Control and Outbreak Response: Moving beyond a reactive to a proactive approach



This is the second event of a UK Public Health Rapid Support Team (UK-PHRST) discussion series on outbreak preparedness and response. The series aims to encourage reflection and shared learning, as well as creative discourse.

Tuesday 6 July 2021

15:00 BST

Tackling harmful chemicals in the healthcare sector



Health Care Without Harm (HCWH) Europe is hosting an online event to enhance the health sector engagement in the process defining the Strategic Approach to International Chemicals Management (SAICM) beyond 2020.

Online course

Free - complete at own pace

Tackling Antimicrobial Resistance

The Fleming Fund and the Open University are offering 19 freely available modules on their Tackling Antimicrobial Resistance course.

The aim of the course is to help you to identify, develop and apply skills and knowledge relevant to your role as an AMR professional in order to change and improve your working practice and the practice of people with whom you work.



Please contact

Alex.Sully@phe.gov.uk if you have any materials, news or events you would like to publish on the IHR Project Knowledge Hub.

Media round up

A selection of recent appearances of the IHR Project in the media. Please click the items to view the posts.

thebmj



Inspiring women in leadership: Ebere Okereke

Francesca Robinson from the British Medical Journal interviewed Dr Ebere Okereke, Consultant in Global Public Health, on her passion in promoting women in leadership. She talks about being a successful woman of colour and helping others to grow professionally through mentorships.

[Access the article here.](#)



Public Health England
@PHE_uk

This week our #IHR_Strengthening Project and @NCDCgov are training lab staff from the NCDC Central Public Health Laboratory in internal auditing principles and processes to strengthen laboratory skills and Quality Management Systems in Nigeria.



5:29 PM · Jun 11, 2021 · Sprout Social

2 Retweets · 2 Quote Tweets · 15 Likes



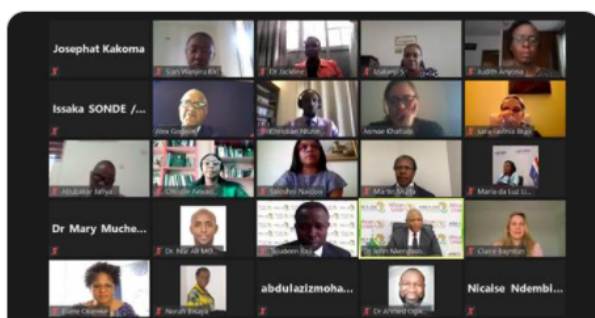
Dr Ebere Okereke FFPH @DrEmeruemJnr · 30 May

It was a pleasure to join the health panel discussion at the #OxfordAfricaConference2021. Interesting discussions about the African #covid19 response, #UHC, health system resilience, brain drain etc. Thanks for inviting me @ChibugoOkafor @elishangetichy



Dr Ebere Okereke FFPH @DrEmeruemJnr · Jun 9

@AfricaCDC @KofiAnnanFdn The Kofi Annan global health leaders fellowship programme. Supported by @PHE_uk #IHR_Strengthening programme. To strengthen the system you also need strong leaders to guide it



Africa CDC launches Fellowship of Kofi Annan Global Health Leadershi...
On 12 April 2021, the Africa Centres for Disease Control and Prevention (Africa CDC) and the Kofi Annan Foundation launched the Fellowship o...
africacdc.org

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2

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Nicholas Woolley
@nkwoolley

I joined call today with England's Chief Medical Officer, Prof Chris Whitty, to discuss our response, now & future, to #COVID19 pandemic.

@UKinZambia & @PHE_uk working very closely with @mohzambia & @ZMPublicHealth to strengthen health systems here in #Zambia.

#InThisTogether



Professor Chris Whitty and 5 others

10:31 AM · Jun 9, 2021 from Lusaka, Zambia · Twitter for Android

June Wellbeing Tip - Yoga

The International Day of Yoga, on the 21st of June, highlighted the many benefits of yoga on mental and physical wellbeing, especially during the current pandemic. Many people have taken up yoga for increased fitness, mindfulness and relaxation - why not try it out!



www.gph-ihrstrengthening.org



#IHR_Strengthening