

# Journal Pre-proof



Maternal and perinatal outcomes of pregnant women with SARS-CoV-2 infection at the time of birth in England: national cohort study

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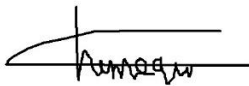
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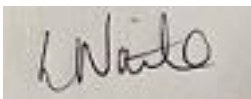
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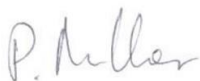
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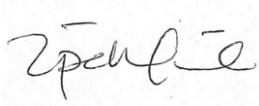
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Journal Pre-proof

**Maternal and perinatal outcomes of pregnant women with SARS-CoV-2 infection at the time of birth in England: national cohort study**

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**1 CONDENSATION**

2 Among 342,080 births, we found that a positive SARS-CoV-2 test at the time of birth is  
3 associated with increased rates of stillbirth, preterm birth, and other adverse maternal and  
4 perinatal outcomes.

5

**6 SHORT TITLE**

7 Maternal and perinatal outcomes of pregnant women with SARS-CoV-2

**8 AJOG AT A GLANCE**

9

**10 Why was this study conducted?**

11 To determine the association between SARS-CoV-2 infection and maternal and perinatal  
12 outcomes, in the context of universal screening of women giving birth in England.

13

**14 What are the key findings?**

15 Women who tested positive for SARS-CoV-2 at birth had increased rates of fetal death,  
16 preterm birth, preeclampsia, emergency Cesarean delivery and other adverse maternal and  
17 neonatal outcomes.

18

**19 What does this study add to what is already known?**

20 SARS-CoV-2 infection at the time of birth is associated with a higher rate of fetal death and  
21 preterm birth, and other adverse maternal and neonatal outcomes. Observed increase in  
22 rates of adverse neonatal outcomes was attributed to increased preterm birth.

23

24 **ABSTRACT**

25 **Objective:** The aim of this study was to determine the association between SARS-CoV-2  
26 infection at the time of birth and maternal and perinatal outcomes.

27

28 **Methods:** This is a population-based cohort study in England. The inclusion criteria were  
29 women with a recorded singleton birth between 29<sup>th</sup> May 2020 and 31<sup>st</sup> January 2021 in a  
30 national database of hospital admissions. Maternal and perinatal outcomes were compared  
31 between pregnant women with a laboratory-confirmed SARS-CoV-2 infection recorded in the  
32 birth episode and those without. Study outcomes were fetal death at or beyond 24 weeks'  
33 gestation (stillbirth), preterm birth (<37 weeks gestation), small for gestational age infant  
34 (SGA; birthweight <10<sup>th</sup> centile), preeclampsia/eclampsia, induction of labor, mode of birth,  
35 specialist neonatal care, composite neonatal adverse outcome indicator, maternal and  
36 neonatal length of hospital stay following birth (3 days or more), 28-day neonatal and 42-day  
37 maternal hospital readmission. Adjusted odds ratios (aOR) and their 95% confidence interval  
38 (CI) for the association between SARS-CoV-2 infection status and outcomes were calculated  
39 using logistic regression, adjusting for maternal age, ethnicity, parity, pre-existing diabetes,  
40 pre-existing hypertension and socioeconomic deprivation measured using Index of Multiple  
41 Deprivation 2019. Models were fitted with robust standard errors to account for hospital-level  
42 clustering. The analysis of the neonatal outcomes was repeated for those born at term ( $\geq 37$   
43 weeks' gestation) since preterm birth has been reported to be more common in pregnant  
44 women with SARS-CoV-2 infection.

45

46 **Results:** The analysis included 342,080 women, of whom 3,527 had laboratory-  
47 confirmed SARS-CoV-2 infection. Laboratory-confirmed SARS-CoV-2 infection was more  
48 common in women who were younger, of non-white ethnicity, primiparous, residing in the  
49 most deprived areas, or had comorbidities. Fetal death (aOR, 2.21, 95% CI 1.58-3.11;  
50  $P<0.001$ ) and preterm birth (aOR 2.17, 95% CI 1.96-2.42;  $P<0.001$ ) occurred more  
51 frequently in women with SARS-CoV-2 infection than those without. Risk of  
52 preeclampsia/eclampsia (aOR 1.55, 95% CI 1.29-1.85;  $P<0.001$ ), birth by emergency  
53 Cesarean delivery (aOR 1.63, 95% CI 1.51-1.76;  $P<0.001$ ) and prolonged admission  
54 following birth (aOR 1.57, 95%CI 1.44-1.72;  $P<0.001$ ) were significantly higher for women  
55 with SARS-CoV-2 infection than those without. There were no significant differences in the  
56 rate of other maternal outcomes.

57

58 Risk of neonatal adverse outcome (aOR 1.45, 95% CI 1.27-1.66;  $P<0.001$ ), need for  
59 specialist neonatal care (aOR 1.24, 95% CI 1.02-1.51;  $P=0.03$ ), and prolonged neonatal



60 admission following birth (aOR 1.61, 95% CI 1.49-1.75;  $P < 0.001$ ) were all significantly higher  
61 for infants with mothers with laboratory-confirmed SARS-CoV-2 infection. When the analysis  
62 was restricted to pregnancies delivered at term ( $\geq 37$  weeks), there were no significant  
63 differences in neonatal adverse outcome ( $P = 0.78$ ), need for specialist neonatal care after  
64 birth ( $P = 0.22$ ) or neonatal readmission within four weeks of birth ( $P = 0.05$ ). Neonates born at  
65 term to mothers with laboratory-confirmed SARS-CoV-2 infection were more likely to have  
66 prolonged admission following birth (21.1% compared to 14.6%, aOR 1.61, 95% CI 1.49-  
67 1.75;  $P < 0.001$ ).

68

69 **Conclusions:** SARS-CoV-2 infection at the time of birth is associated with higher rates of  
70 fetal death, preterm birth, preeclampsia and emergency Cesarean delivery. There were no  
71 additional adverse neonatal outcomes, other than those related to preterm delivery.  
72 Pregnant women should be counseled regarding risks of SARS-COV-2 infection and should  
73 be considered a priority for vaccination.

74

75 **Keywords:** COVID-19, pregnancy, birth, fetal death, stillbirth, preterm birth, obstetrics,  
76 neonatal outcome, preeclampsia

77

78

## 79 INTRODUCTION

80 Coronavirus disease 2019 (COVID-19), caused by severe acute respiratory syndrome  
81 coronavirus 2 (SARS-CoV-2), has spread rapidly around the world since the first reported  
82 case in late 2019. Studies from registries of pregnant women and single- or multicentre  
83 cohorts have reported that pregnant women with COVID-19 are at greater risk than non-  
84 pregnant women of childbearing age with COVID-19 of requiring intensive care unit (ICU)  
85 support, severe morbidity and mortality.<sup>1-3</sup> Delivery may improve maternal condition in  
86 women with severe COVID-19, leading to an observed increase in preterm birth and  
87 neonatal unit admission for infants of infected mothers.<sup>1,4-6</sup> In the general population,  
88 advanced age, obesity, minority ethnic origin, socioeconomic deprivation and comorbidities  
89 including diabetes and hypertensive disease are associated with higher risk of severe  
90 disease, a pattern which is also seen in pregnant women.<sup>1,7</sup> Neonatal SARS-CoV-2 infection  
91 has not been associated with adverse outcomes for the newborn.<sup>8</sup>

92 A recent international registry study demonstrated an increase in adverse maternal and  
93 neonatal outcomes for mothers infected with COVID-19 in pregnancy;<sup>4</sup> and a study using  
94 national data from Sweden demonstrated an increase in adverse neonatal outcomes for  
95 infants born to women with SARS-CoV-2 infection, a finding largely mediated by increased  
96 rates of preterm birth.<sup>9</sup>

97 We aimed to investigate maternal and perinatal outcomes of pregnant women with SARS-  
98 CoV-2 infection in England using data available from routinely collected electronic healthcare  
99 records.

100

## 101 MATERIALS AND METHODS

### 102 *Study design*

103 This study is a national population-based cohort study using Hospital Episode Statistics  
104 (HES) data from 29<sup>th</sup> May 2020 to 31<sup>st</sup> January 2021. HES contains records of all inpatient

105 admissions to National Health Service (NHS) hospitals in England including data on patient  
106 demographics (age, sex and ethnicity), the admission (date of admission and discharge) and  
107 clinical information. On the 29<sup>th</sup> May 2020, the Royal College of Obstetricians and  
108 Gynaecologists recommended universal screening of all women admitted to maternity  
109 services with a PCR test, in line with recommendations from NHS England to test all hospital  
110 admissions.<sup>10,11</sup>

111 Diagnostic information is coded using the International Classification of Diseases, 10th  
112 revision (ICD-10).<sup>12</sup> Operative procedures are described using the UK Office for Population  
113 Censuses and Surveys classification, 4th revision (OPCS-4).<sup>13</sup> Further details about the  
114 labor and birth are captured in the episode record (e.g., gestational age, birthweight) in  
115 supplementary data fields known as the HES 'maternity tail'. HES data is sufficiently  
116 accurate to be used for research and managerial decision-making.<sup>14</sup>

#### 117 *Cohort selection and outcome definitions*

118 The inclusion criteria were women who had a HES record of a singleton birth between 29<sup>th</sup>  
119 May 2020 and 31<sup>st</sup> January 2021. HES includes births which occur in NHS hospitals and  
120 hospital-associated community care in England. Only 0.3% of births in England in 2020  
121 occurred in non-NHS organizations.<sup>15</sup>

122 A maternity episode was defined as any record that contained valid information about mode  
123 of birth in either the procedure fields (OPCS-4 codes: R171 to R259) or the HES maternity  
124 tail. Multiple births, which were excluded, were defined as maternity episodes with an ICD  
125 code for a multiple birth (Z37.2–Z37.7) or strong evidence of a multiple birth in the maternity  
126 tail (more than one distinct birthweight, birth order, and infant recorded in the same birth  
127 episode). A neonatal episode was defined as any record that contained a newborn, defined  
128 as being less than one day of age at episode onset. Maternal and neonatal episodes were  
129 linked using encrypted versions of the mother's and infant's NHS number (a unique national  
130 identifier for each individual NHS user, assigned at birth)<sup>16</sup>, available in the NHS Birth

131 Notifications data. These data also contained additional information on the birth such as  
132 gestational age and birthweight.<sup>15,17</sup>

133 A woman was classified as having laboratory-confirmed SARS-CoV-2 infection at the time of  
134 birth if the ICD-10 code “COVID-19, virus identified” (U07.1) was recorded in the birth  
135 episode.<sup>18</sup> The test used to confirm infection in NHS hospital admissions is a nasal/throat  
136 swab examined using PCR.<sup>11</sup>

137 The study outcomes derived for the cohort identified by the maternity episode included fetal  
138 death at or beyond 24 weeks’ gestation (stillbirth), preterm birth (less than 37 weeks,  
139 liveborn or stillborn), small for gestational age at birth (SGA; defined as birthweight <10<sup>th</sup>  
140 centile using UK-WHO paediatric growth charts<sup>19</sup>), maternal diagnosis with preeclampsia or  
141 eclampsia, induction of labor, mode of birth (unassisted vaginal delivery, instrumental  
142 vaginal delivery, elective Cesarean delivery and emergency Cesarean delivery), maternal  
143 length of stay (three or more days) and 42-day readmission. The study outcomes derived for  
144 the linked maternal-neonatal cohort included the provision of specialist neonatal care,  
145 neonatal length of stay (three or more days), 28-day readmission and a composite neonatal  
146 adverse outcome indicator (E-NAOI), which includes 16 diagnoses and 7 procedures and  
147 has previously been validated in HES.<sup>20</sup> The definitions and coding of all study outcomes are  
148 specified in Supplementary Table 1. This dataset does not contain sufficient information to  
149 distinguish between antepartum and intrapartum fetal death (stillbirth); in England in 2018  
150 (the latest date for which this information is available), nine in every ten stillbirths were  
151 antepartum.<sup>21</sup>

152 Maternal age was grouped into five-year periods, with women under 20 and over 40 years  
153 being aggregated into single categories. Parity was defined using records of previous births  
154 through a ‘look-back’ approach in HES, and handled in three categories: primiparous,  
155 multiparous without previous Cesarean delivery, and multiparous with previous Cesarean  
156 delivery.<sup>22,23</sup> Maternal ethnicity was coded using the Office for National Statistics  
157 categorization system from the 2001 Census and collapsed into four groups: White, South

158 Asian, Black, and Other Stated. Information about pre-existing diabetes and hypertension  
159 was available in the diagnosis codes attached to the birth episode, with women assumed not  
160 to have the condition if the code was not present. Index of Multiple Deprivation 2019 (IMD)  
161 provides an overall measure of multiple deprivation derived from information about income,  
162 education, employment, crime, and the living environment. IMD rankings of 32,844 “Lower  
163 Super Output Areas”, with typically 1,500 inhabitants, were used to categorize women into  
164 five socioeconomic groups.<sup>24</sup>

#### 165 *Statistical analysis*

166 Characteristics of women in the cohort with and without laboratory-confirmed SARS-CoV-2  
167 infection at the time of birth were tabulated. Rates of maternal and perinatal outcomes were  
168 calculated in women with and without laboratory-confirmed SARS-CoV-2 infection at the  
169 time of birth. Adjusted odds ratios (aOR) and their 95% confidence interval (CI) for the  
170 association between SARS-CoV-2 infection status and outcomes were calculated using  
171 logistic regression, adjusting for maternal age, ethnicity, parity, pre-existing diabetes, pre-  
172 existing hypertension and socioeconomic deprivation measured using IMD. Models were  
173 fitted with robust standard errors to account for hospital-level clustering. The analysis of the  
174 neonatal outcomes was repeated for those born at term (at or beyond 37 weeks’ gestation)  
175 since preterm birth has been reported to be more common in pregnant women with SARS-  
176 CoV-2 infection.

177 Data were complete for all variables except maternal ethnicity (89.1% complete) and IMD  
178 (99.4% complete). For regression analyses, missing values of ethnicity and IMD were  
179 imputed using chained equations to generate 10 datasets; estimates from these datasets  
180 were pooled using Rubin’s rules.<sup>25</sup> Stata 16 was used for all analyses. A P value of less than  
181 0.05 was assumed to represent statistical significance.

#### 182 *Ethical approval*

183 This study used data collected to evaluate service provision and performance and therefore  
184 was exempt from ethical review by the NHS Health Research Authority. The use of personal  
185 data without individual consent was approved by the NHS Health Research Authority  
186 (16/CAG/0058).

187

## 188 **RESULTS**

189 The analysis included 342,080 women with singleton pregnancy who gave birth in England  
190 between 29<sup>th</sup> May 2020 and 31<sup>st</sup> January 2021, of whom 3,527 (10.3 per 1000) were  
191 recorded as having laboratory-confirmed SARS-CoV-2 infection (Figure 1, Table 1).  
192 Laboratory-confirmed SARS-CoV-2 infection was more likely in younger women, women  
193 from non-white ethnicity, those with pre-existing diabetes, pre-existing hypertension and  
194 women residing in the most socioeconomically deprived areas (Table 1).

195 Table 2 shows that fetal death was significantly more common in women with laboratory-  
196 confirmed SARS-CoV-2 infection at the time of birth (30/3,527 or 8.5 per 1000) than in those  
197 without (1,140/338,553 or 3.4 per 1000; aOR, 2.21, 95% CI 1.58-3.11;  $P < 0.001$ ). There was  
198 also a significant increase in the risk of preterm birth (5.8% in women without laboratory-  
199 confirmed SARS-CoV-2 infection; 12.1% in those with, aOR 2.17, 95% CI 1.96-2.42;  
200  $P < 0.001$ ). Women with laboratory-confirmed SARS-CoV-2 infection were at increased risk  
201 of preeclampsia/eclampsia (3.9% compared to 2.5%, aOR 1.55, 95% CI 1.29-1.85;  $P < 0.001$ )  
202 and emergency Cesarean delivery (27.6% compared to 18.5%, aOR 1.63, 95% CI 1.51-  
203 1.76;  $P < 0.001$ ), with a corresponding reduction in the rate of spontaneous vaginal delivery  
204 (49.2% compared to 54.6% in women without laboratory-confirmed SARS-CoV-2 infection,  
205 aOR 0.80, 95% CI 0.75 to 0.86). Rates of elective Cesarean delivery (10.8% compared to  
206 13.8%, aOR 0.81, 95% CI 0.71-0.91;  $P < 0.001$ ) were lower in women with laboratory-  
207 confirmed SARS-CoV-2 infection than in those without. Following birth, women with SARS-  
208 CoV-2 infection were at increased risk of hospital admission lasting three days or more

209 (25.8% compared to 17.0%, aOR 1.57, 95% CI 1.44-1.72;  $P<0.001$ ) and readmission within  
210 six weeks after birth (4.3% compared to 3.1%, aOR 1.39, 95% CI 1.10-1.76;  $P=0.01$ ) than  
211 those without. No significant differences were seen in the rates of SGA ( $P=0.87$ ), induction  
212 of labor ( $P=0.40$ ) or instrumental vaginal delivery ( $P=0.20$ ).

213 Of the 342,080 maternity records, 330,057 (96.5%) were linked to the neonatal record  
214 (Figure 1). Risk of neonatal adverse outcome (aOR 1.45, 95% CI 1.27-1.66;  $P<0.001$ ), need  
215 for specialist neonatal care (aOR 1.24, 95% CI 1.02-1.51;  $P=0.03$ ), and prolonged neonatal  
216 admission following birth (aOR 1.61, 95% CI 1.49-1.75;  $P<0.001$ ) were all significantly higher  
217 for infants with mothers with laboratory-confirmed SARS-CoV-2 infection compared to those  
218 without (Table 2). When the analysis was restricted to pregnancies delivered at term ( $\geq 37$   
219 weeks), there were no significant differences in neonatal adverse outcome ( $P=0.78$ ), need  
220 for specialist neonatal care after birth ( $P=0.22$ ) or neonatal readmission within four weeks of  
221 birth ( $P=0.05$ ) (Table 2). Term infants born to mothers with laboratory-confirmed SARS-CoV-  
222 2 infection had prolonged admission following birth (21.1% compared to 14.6%, aOR 1.61,  
223 95% CI 1.49-1.75;  $P<0.001$ ) (Table 2).

224

## 225 **COMMENT**

### 226 *Principal findings*

227 In this population-based study of women giving birth to a singleton infant in England in 2020-  
228 2021, we report that women with a record of laboratory-confirmed SARS-CoV-2 infection at  
229 the time of birth were more than twice as likely as women without SARS-CoV-2 infection to  
230 have fetal death or preterm birth. Women with SARS-CoV-2 infection were also more likely  
231 to have preeclampsia and to give birth by emergency Cesarean delivery. Both women and  
232 their neonates were more likely to have prolonged hospital stay of three days or more, and  
233 mothers were more likely to be readmitted to hospital in the postnatal period. There was no  
234 significant difference in rates of induction of labor, instrumental vaginal delivery or SGA

235 between women who did and did not have SARS-CoV-2 infection at the time of birth. The  
236 composite neonatal adverse outcome and specialist neonatal care were significantly higher  
237 in pregnancies with SARS-CoV-2 infection at the time of birth. However, when the analysis  
238 was restricted to term deliveries, neonatal outcomes were similar for those born to mothers  
239 with and without SARS-CoV-2 infection.

#### 240 *Results in the Context of What is Known*

241 Our findings concur with those of an ongoing living systematic review which estimates the  
242 pooled association between COVID-19 and fetal death at OR 2.84 (95% CI 1.25 to 6.45);<sup>1</sup>  
243 with a more recent multinational case-control study which reports an association between  
244 COVID-19 and a composite neonatal adverse outcome of RR 2.14 (95% CI 1.66 to 2.75<sup>4</sup>);  
245 and with a recent population level study reporting an increase in adverse neonatal outcomes  
246 for infants born to women with COVID-19 infection.<sup>9</sup> However, the systematic review is  
247 limited by the size and number of studies available, with only nine women experiencing a  
248 stillbirth in the COVID-19 group of the pooled dataset;<sup>1</sup> and the case-control study was  
249 unable to report on fetal death alone, instead incorporating it into an adverse outcome  
250 including intrauterine or neonatal death, prolonged neonatal stay, or severe neonatal  
251 morbidity.<sup>4</sup> In the population-level study, as in our study, almost all of the association  
252 between maternal COVID-19 infection and adverse neonatal outcome was explained by  
253 increased risk of preterm birth.<sup>9</sup> In our study we were not able to stratify preterm birth into  
254 spontaneous and indicated/iatrogenic (where birth is initiated by the clinician); other studies  
255 have suggested that the increase in preterm birth is due to indicated delivery to improve  
256 maternal condition.<sup>1</sup>

257 The key potential bias in our study comes from misclassification of the exposure; this could  
258 be caused by selective testing (whether the chance of a woman having been tested for  
259 SARS-CoV-2 was dependent on her pregnancy outcome), selective recording (whether the  
260 chance of a woman who tested positive had that result recorded in HES was dependent on



261 her pregnancy outcome) or missed cases (women who had SARS-CoV-2 infection but were  
262 not recorded as such).

263 It is unlikely that either selective testing or recording fully explain our results. First,  
264 throughout the pandemic there was a statutory requirement to report cases of SARS-CoV-2  
265 infection in healthcare settings.<sup>26</sup> Second, the laboratory-confirmed SARS-CoV-2 infection  
266 rate of 1.96% between 1<sup>st</sup> October 2020 and 31<sup>st</sup> January 2021 (when national data is  
267 available and could be compared) which we observed in all women giving birth in this period  
268 is very close to the SARS-CoV-2 infection rate of 1.74% (and within the credible intervals of  
269 1.53% to 1.98%) reported for people between 25 and 35 years old by the Office for National  
270 Statistics (ONS) for the period 3<sup>rd</sup> October 2020 to 22<sup>nd</sup> January 2021 based on a routine  
271 national survey of households;<sup>27</sup> this provides evidence that universal testing of maternity  
272 admissions was fully implemented during this period.<sup>28</sup> The slightly higher rate may be  
273 attributed to women of childbearing age likely to be living with children and to be required to  
274 leave the house to interact with healthcare providers.<sup>29</sup>

275 These results provide further evidence that SARS-CoV-2 infection increases the risk of fetal  
276 death. The potential mechanisms may be pregnancy-specific, including placental disease  
277 with reports of abnormal inflammation of the placenta in association with maternal COVID-  
278 19.<sup>30,31</sup> However, the association may also be a more generic consequence of severe  
279 maternal illness in pregnancy, given that women who become seriously unwell with other  
280 illnesses are known to be at higher risk of perinatal morbidity and mortality.<sup>32</sup>

281 Our findings related to the characteristics of women infected with SARS-CoV-2, and  
282 associations with other complications including preeclampsia, preterm birth, Cesarean  
283 delivery and adverse neonatal outcomes concur with other studies in the UK and  
284 internationally.<sup>1,4</sup> Our results regarding length of stay and maternal readmissions are novel,  
285 but also relate to the context of care in England, where much of postnatal maternity care is  
286 provided in the community.<sup>28</sup>

287

288 *Clinical and research implications*

289 The finding that women with a recorded SARS-CoV-2 infection at the time of birth may have  
290 an increased risk of fetal death and other adverse maternal and perinatal outcomes concurs  
291 with a recent international case-control study<sup>4</sup> and will be of particular concern to pregnant  
292 women and healthcare professionals. The overall numbers of fetal deaths are too small to  
293 impact the overall national rate of stillbirth in the UK, as seen in provisional national reports  
294 for 2020.<sup>33</sup> It is therefore important to carefully contextualise these findings when counselling  
295 pregnant women.

296 However, this finding should prompt reflection on the treatment of pregnant women infected  
297 with SARS-CoV-2, as well as the relative risks and benefits of vaccination. For pregnant  
298 women who test positive for SARS-CoV-2 in the later stages of pregnancy, care should  
299 consider the wellbeing of the baby. At term, acknowledgement of the increased risk of fetal  
300 death may prompt discussion of the potential risks of ongoing expectant management of  
301 pregnancy, and consideration of an earlier planned birth.

302 For women earlier in pregnancy, our findings may change the risk-benefit analysis for  
303 vaccination. At present, data on the safety and efficacy of COVID-19 vaccination in  
304 pregnancy are limited due to the exclusion of pregnant women in clinical trials,<sup>34</sup> although  
305 trials are now underway to address this urgent need. This has motivated widespread  
306 hesitancy about recommendation of vaccination to all pregnant women, with governments  
307 and professional organizations initially recommending offering vaccination to pregnant  
308 women at high risk of either occupational exposure or severe disease<sup>35</sup> and pregnant  
309 women reluctant to take up a vaccine offer.<sup>36</sup> In the USA and Israel, where vaccination has  
310 been recommended to those at higher risk, initial data provide a positive signal of safety and  
311 efficacy in pregnant women.<sup>37-39</sup> Further evidence of a link between SARS-CoV-2 infection

312 and an increased risk of fetal death may motivate prioritization of, and encourage pregnant  
313 women to access, vaccination.

314

### 315 *Strengths and limitations*

316 The main strengths of this study are its large size and representative nature, covering almost  
317 the entire population of births in England during the time period. The use of HES data to  
318 understand maternity outcomes is well established and offers rich information about  
319 individual women to allow for adjustment for individual risk.<sup>23</sup>

320 The principal exposure of SARS-CoV-2 infection is defined using an ICD-10 code recorded if  
321 the woman had a laboratory-confirmed infection. The use of ICD-10 codes in this way to  
322 understand differences between admissions with and without SARS-CoV-2 infection has  
323 been established elsewhere.<sup>9,40</sup>

324 The use of administrative data including diagnostic and procedure codes to establish  
325 exposures and outcomes (including in our study pre-eclampsia, neonatal adverse outcome,  
326 and SARS-CoV-2 status) has inherent limitations as the primary purpose of data recording is  
327 for payment rather than clinical research; known limitations include under-recording and  
328 misclassification.<sup>41</sup> This may particularly affect pre-eclampsia where there is variation in  
329 diagnostic criteria and thresholds; gestational hypertension may be conflated with pre-  
330 eclampsia.<sup>42</sup>

331 While in our study we were able to adjust for many potential confounders, we had no  
332 information on the severity of COVID-19 illness or maternal body mass index (BMI) in our  
333 dataset. Maternal obesity is a risk factor for both severe COVID-19 and fetal death.<sup>1,43</sup> It is  
334 therefore possible that the observed association could be partially accounted for by  
335 differences between groups of women.

336 Our results should be strictly interpreted as being related to the result of a test for SARS-  
337 CoV-2 at the time of birth, rather than to any infection which occurred during pregnancy. This  
338 is an important feature given that some of the observations in women who tested positive for  
339 SARS-CoV-2, especially the increases in risk of stillbirth and preterm birth in women with a  
340 positive test, may be partly explained by variations in the rate of SARS-CoV-2 infection  
341 according to gestational age. This is different from other studies which seek to understand  
342 effects on women who are infected with SARS-CoV-2 at any point during their pregnancy,  
343 and from studies which assess population risks of fetal death measuring both direct and  
344 indirect effects.<sup>44-46</sup>

### 345 *Conclusions*

346 Our results demonstrate that women who have laboratory-confirmed infection with SARS-  
347 CoV-2 at the time of birth have higher rates of fetal death and preterm birth, preeclampsia  
348 and emergency Cesarean delivery, as well as prolonged maternal and neonatal admission  
349 following birth, compared to those without SARS-CoV-2 infection. There were no additional  
350 adverse neonatal outcomes, other than those related to preterm delivery. These findings  
351 should guide the counselling of pregnant women about risks of SARS-COV-2 infection  
352 during pregnancy and indicate that pregnant women should be prioritized for vaccination.

353

354

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356

357 *Author contributions:* IGU, JJ, JvdM, AK conceived and designed the study. IGU performed  
358 the analysis. All authors interpreted the data. JJ wrote the first draft of the manuscript with  
359 supervision from JvdM and AK. IGU and JJ had full access to all the data in the study and  
360 take responsibility for the integrity of the data and the accuracy of the data analysis. All  
361 authors revised the paper critically for important intellectual content and provided final  
362 approval of the submitted manuscript.

363

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364 **Table 1.** Characteristics and study outcomes of women included in the study

	<b>Pregnant women without laboratory-confirmed SARS-CoV-2 infection at the time of birth</b> n (%)	<b>Pregnant women with laboratory-confirmed SARS-CoV-2 infection at the time of birth</b> n (%)	<b>P-value (Chi2 test)</b>
<b>Number of births</b>	338553 (100)	3527 (100)	
<b>Maternal age in years</b>			<0.001
≤19	8907 (2.6)	94 (2.7)	
20-24	44755 (13.2)	581 (16.5)	
25-29	93051 (27.5)	1040 (29.5)	
30-34	114639 (33.9)	1079 (30.6)	
35-39	62451 (18.5)	587 (16.6)	
40+	14750 (4.4)	146 (4.1)	
<b>Maternal ethnicity*</b>			<0.001
White	230202 (76.3)	1857 (58.5)	
South Asian	36834 (12.2)	768 (24.2)	
Black	13998 (4.6)	251 (7.9)	
Other	20546 (6.8)	298 (9.4)	
<b>Obstetric history</b>			0.13
Primiparous	142289 (42.0)	1514 (42.9)	
Multiparous with no previous CS <sup>†</sup>	156269 (46.2)	1634 (46.3)	
Multiparous with previous CS <sup>†</sup>	39995 (11.8)	379 (10.8)	
<b>Pre-existing diabetes</b>	3112 (0.9)	58 (1.6)	<0.001
<b>Pre-existing hypertension</b>	2624 (0.8)	44 (1.3)	0.002
<b>Index of Multiple Deprivation*</b>			<0.001
1= least deprived	50814 (15.1)	342 (9.8)	
2	57892 (17.2)	413 (11.8)	
3	65104 (19.3)	602 (17.2)	
4	75159 (22.3)	874 (25.0)	
5 = most deprived	87703 (26.1)	1265 (36.2)	
* ethnicity missing in 37326 (10.9%) of records, IMD missing in 1912 (0.6%) of records; % may not add to 100 due to rounding. <sup>†</sup> Cesarean section			

365

**Table 2.** Comparison of study outcomes between pregnant women with and without laboratory-confirmed SARS-CoV-2 infection (ICD-10 U07.1) at the time of birth

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	Pregnant women without SARS-CoV-2 infection		Pregnant women with laboratory-confirmed SARS-CoV-2 infection		Unadjusted OR (95% CI)	P value	Adjusted OR‡ (95% CI)	P value
	cases/births	%	cases/births	%				
<b>Maternal data</b>								
Fetal death	1140/338553	0.34	30/3527	0.85	2.54 (1.81,3.56)	<0.001	2.21 (1.58,3.11)	<0.001
Preterm birth	18572/322494	5.8	369/3047	12.1	2.25 (2.03,2.50)	<0.001	2.17 (1.96,2.42)	<0.001
Small for gestational age	17521/320188	5.5	191/3009	6.4	1.17 (1.00,1.37)	0.05	0.99 (0.84,1.16)	0.87
Preeclampsia/eclampsia	8591/338553	2.5	139/3527	3.9	1.58 (1.32,1.89)	<0.001	1.55 (1.29,1.85)	<0.001
Induction of labor	96651/236822	40.8	940/2382	39.5	0.95 (0.82,1.08)	0.42	0.95 (0.83,1.08)	0.40
Elective Cesarean delivery	46843/338553	13.8	380/3527	10.8	0.75 (0.67,0.85)	<0.001	0.81 (0.71,0.91)	<0.001
Emergency Cesarean delivery	62479/338553	18.5	975/3527	27.6	1.69 (1.56,1.83)	<0.001	1.63 (1.51,1.76)	<0.001
Instrumental vaginal delivery	43393/338553	12.9	422/3527	12.0	0.92 (0.83,1.03)	0.14	0.93 (0.82,1.04)	0.20
Unassisted delivery	184989/338553	54.6	1734/3527	49.2	0.80 (0.75,0.86)	<0.001	0.76 (0.70,0.82)	<0.001
Maternal length of stay (3+days)	55529/326248	17.0	857/3321	25.8	1.70 (1.55,1.85)	<0.001	1.57 (1.44,1.72)	<0.001
Maternal readmission (42-day)	8660/281178	3.1	78/1818	4.3	1.41 (1.11,1.78)	0.004	1.39 (1.10,1.76)	0.01
<b>Maternal-neonatal linked data</b>								
Neonatal adverse outcome indicator (ENAOI)†	16501/318073	5.2	222/2922	7.6	1.50 (1.32,1.72)	<0.001	1.45 (1.27,1.66)	<0.001
Specialist neonatal care	35032/326901	10.7	432/3156	13.7	1.32 (1.04,1.67)	0.02	1.24 (1.02,1.51)	0.03
Neonatal length of stay (3+days)	58410/324665	18.0	857/3104	27.6	1.74 (1.62,1.87)	<0.001	1.61 (1.49,1.75)	<0.001
Neonatal readmission (28-day)	14259/277804	5.1	126/2058	6.1	1.21 (1.01,1.44)	0.04	1.18 (0.98,1.41)	0.08
<b>Maternal-neonatal linked data of deliveries at term (≥ 37 weeks)</b>								
Neonatal adverse outcome indicator (ENAOI)†	9970/298099	3.3	89/2542	3.5	1.05 (0.85,1.29)	0.45	1.03 (0.84,1.27)	0.78
Specialist neonatal care	28002/299456	9.4	294/2555	11.5	1.26 (0.92,1.73)	0.15	1.18 (0.90,1.55)	0.22
Neonatal length of stay (3+days)	43390/297805	14.6	534/2530	21.1	1.56 (1.42,1.74)	<0.001	1.61 (1.49,1.75)	<0.001
Neonatal readmission (28-day)	12749/262437	4.9	106/1802	5.9	1.22 (1.02,1.47)	0.03	1.20 (1.00,1.45)	0.05

†Composite outcome. Birth with any of: birthweight<1500g, gestational age under 32 completed weeks, neonatal death within 28 days, respiratory distress syndrome (RDS), seizure, intraventricular haemorrhage (grade 3 or 4), cerebral infarction, periventricular leukomalacia, birth trauma (intracranial haemorrhage paralysis due to brachial plexus injury, skull or long bone fracture), hypoxic ischaemic encephalopathy, necrotising enterocolitis, sepsis/septicaemia, pneumonia, respiratory disease (respiratory failure, primary atelectasis, chronic respiratory disease originating in the perinatal



period, bacterial meningitis, resuscitation (intubation/chest compression), mechanical ventilation/continuous positive airway pressure/high flow nasal oxygen, central venous or arterial catheter, pneumothorax requiring intracostal catheter, any intravenous fluids, any body cavity surgical procedure, therapeutic hypothermia  
‡Adjusted for maternal age, ethnicity, socioeconomic deprivation measured by IMD, parity, previous Cesarean delivery, diabetes and hypertension

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**Supplementary Table 1.** Definitions of study outcomes and their coding in Hospital Episode Statistics (HES)

Outcome	Numerator / coding	Denominator / coding
<b>Using maternal data:</b>		
Stillbirth (fetal death)	Defined using ICD10 code (Z37.1) OR birth status field (birstat_1=2,3,4) in maternity tail for providers with over 95% data completeness. In the UK stillbirth is defined as birth without signs of life occurring at or after 24+0 completed gestational weeks, based on estimated due date calculated using universally offered ultrasound scan at 11-13 weeks' gestation.	All singleton births  This dataset does not contain sufficient information to distinguish between antepartum and intrapartum stillbirth; in England in 2018 (the latest date for which this information is available), nine in every ten stillbirths were antepartum. <sup>1</sup>
Preterm birth	Defined using gestational age field in HES maternity tail (gestat_1<37)	All singleton births, excluding records missing information on gestational age
Small-for-gestational age	Defined as less than the 10 <sup>th</sup> birthweight centile using the WHO-UK charts. <sup>2</sup> Birthweight centiles are calculated using birthweight (birweit_1), gestational age (gestat_1), sex of baby (sexbaby_1) fields in maternity tail	All singleton births, excluding records missing information on gestational age, birthweight or sex of baby
Preeclampsia/eclampsia	Defined using the ICD-10 codes O14 (preeclampsia) and O15 (eclampsia).	All singleton births
Induction of labor	Defined using the delivery onset field (delonset=3,4,5) from the maternity tail. Failed induction (ICD-10 code O61) is also included in the numerator as this represents intention to treat.	All singleton births, excluding elective Cesarean section; and records missing information on delivery onset
Elective Cesarean delivery	ELC is defined using OPCS code R17	All singleton births
Emergency Cesarean delivery	EMCS is defined using OPCS codes R18/R25.1	All singleton births
Instrumental delivery	Instrumental birth is defined using OPCS codes R21/R22	All singleton births
Unassisted delivery	Unassisted birth is defined using OPCS code R23/R24	All singleton births
Maternal length of stay post birth (3 or more days)	Length of stay is defined as the number of days between date of discharge and date of admission for the birth episode.	All singleton births with non-missing date of discharge information and date of delivery before 28 <sup>th</sup> January 2021 (to allow for 3-day follow up)
Maternal readmission (42-days)	Maternal readmission is defined as unplanned, overnight readmission to hospital within 42 days of giving birth, excluding those accompanying an unwell baby. Mothers readmitted with the following admission method codes: 21, 22, 23, 24, 28, 2A, 2B, 2D, 31, 32, 82, 83	All singleton births with non-missing date of discharge information and date of delivery before 19 <sup>th</sup> December 2020 (to allow for six-week follow up). Women who died before discharge or were not discharged within 42 days of delivery were excluded.

<sup>1</sup> Draper ES, Gallimore ID, Smith LK, Fenton AC, Kurinczuk JJ, Smith PW, Bobby T, Manktelow BN, on behalf of the MBRRACE-UK Collaboration. MBRRACE-UK Perinatal Mortality Surveillance Report, UK Perinatal Deaths for Births from January to December 2018. Leicester: The Infant Mortality and Morbidity Studies, Department of Health Sciences, University of Leicester. 2020.

<sup>2</sup> Cole TJ, Williams AF, Wright CM. Revised birth centiles for weight, length and head circumference in the UK-WHO growth charts. *Ann Hum Biol.* 2010;38(1):7-11. doi:10.3109/03014460.2011.544139

Outcome	Numerator / coding	Denominator / coding
<b>Using maternal-neonatal linked data:</b>		
Neonatal specialist care	Neonatal specialist care is defined using the "neocare" variable in HES, and includes values 1=Special care: care given in a special nursery, transitional care ward or postnatal ward, which provides care and treatment exceeding normal routine care; 2 = Level 2 intensive care (high dependency intensive care); and 3 = Level 1 intensive care (maximal intensive care)	All singleton, term births with non-missing information on neonatal specialist care
Neonatal adverse outcome indicator (ENAOI)	ENAOI is defined as births with any of the following outcomes: birthweight<1500g, gestational age under 32 completed weeks, neonatal death within 28 days, respiratory distress syndrome (RDS), seizure, intraventricular haemorrhage (grade 3 or 4), cerebral infarction, periventricular leukomalacia, birth trauma (intracranial haemorrhage paralysis due to brachial plexus injury, skull or long bone fracture), hypoxic ischaemic encephalopathy, necrotising enterocolitis, sepsis/septicaemia, pneumonia, respiratory disease (respiratory failure, primary atelectasis, chronic respiratory disease originating in the perinatal period, bacterial meningitis, resuscitation (intubation/chest compression), mechanical ventilation/CPAP/high flow nasal oxygen, central venous or arterial catheter, pneumothorax requiring intracostal catheter, any intravenous fluids, any body cavity surgical procedure, therapeutic hypothermia. Coding of these diagnoses and procedures can be found in Knight et al 2018, Supplementary Table 1.	All liveborn singleton term births with non-missing information on gestational age and birthweight
Neonatal length of stay post birth (3 or more days)	Length of stay is defined as the number of days between date of discharge and date of admission for the birth episode.	All singleton births with non-missing date of discharge information and date of birth before 28 <sup>th</sup> January 2021 (to allow for 3-day follow up)
Neonatal readmission (28-days)	Neonatal readmission is defined as unplanned, overnight readmission to hospital within 28 days of birth, excluding those accompanying an unwell mother. Babies readmitted with the following admission method codes: 21, 22, 23, 24, 28, 2A, 2B, 2D, 31, 32, 82, 83 within 28 days of birth.	All singleton neonates with non-missing date of discharge information and date of birth before 3 <sup>rd</sup> January 2021 (to allow for four-week follow up). Babies who died before discharge or were not discharged within 28 days of birth were excluded.

**FIGURE LEGEND**

**Figure 1.** Study flowchart

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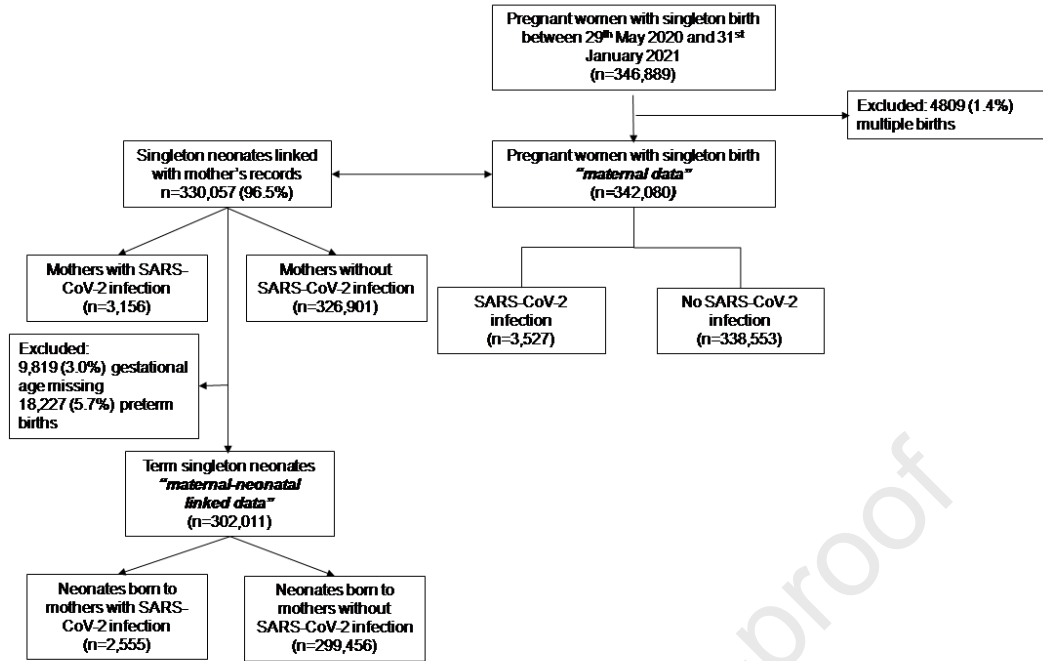


Figure 1