

# The E Word

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The Art of Health 11<sup>th</sup> February 2016 Maximum City

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#### A Healthy World Begins with a Healthy Woman

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# Dekha Undekha



A year of conversations about art and health

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# Objectives

Publicly acknowledge the contribution of urban slumdwellers to economic and cultural life

Democratize sharing of information on urban health science

Encourage artistic creation in a forum in which professionals and amateurs develop ideas together and communicate with urban health experts and the public





#### Colour Box



## People

Women Men Young people Children Artists Artisans Healthcare providers Media



## Threads

- Use recycled materials
- Consider recycled behaviour
- Examine health issues
- Involve research
- Make people think
- Not be about messages













# Community bedrock Existing programmes Doing it every day Agility





Artists Health The shrug of the new











## Reasonable expectations

- Attendance
- Spin-off
- Engagement in research Organisational profile More art



## Unreasonable expectations

Sustainability Behaviour change Art for art's sake



## How would impact look?

A vibrant and well-attended festival

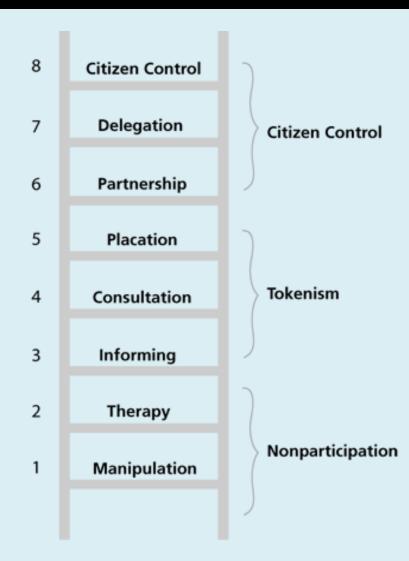
- Footfalls
- Media
- Legacy
- People tell us they thought about health
- New social networks
- Participants go on to work on new projects
- Some sense of how health research can benefit from art











Arnstein's Ladder (1969) Degrees of Citizen Participation





#### Intradisciplinary

Multidisciplinary











Transdisciplinary





www.dharavibiennale.com