Rich Pictures

Draw food and its connections with health and the environment. (35 Minutes)

Look for opportunities for community and public engagement with research and draw them on your picture (10 minutes)

Process

- Everyone should add their own drawings to the picture and don’t feel they have to justify what they are adding – it can be explained when it is added and discussed afterwards.

- Start with an important aspect of food in the middle of the paper and then draw additional aspects of food and its connections with health and the environment.

- Artistic skill is not the issue – but drawing the things that matter is.

- Please use colours, draw and write explanations if you want to (but try to use images and symbols as much as you can).

- Size of drawing and closeness to other parts of the drawing may highlight relative importance and relationships between aspects of trust.

You can include drawings of:

- People and their relationships

- Places, institutions and organisations

- Feelings or emotions can be represented by images, shapes or colours

- Concerns, hopes and fears can be included

- Events from the past or future that may be connected to the main issue