

## Background

- ✓ There is insufficient evidence on the performance and impact of dengue Rapid Diagnostic Tests (RDT) under routine conditions in clinical settings.
- ✓ Evidence is required to take decisions on the implementation of dengue RDT and to inform R&D
- ✓ We are conducting a Randomized Controlled Trial (RCT) of the validity and impact of dengue RDT in febrile subjects seeking medical care in a hyperendemic area in Colombia.
- ✓ Our RCT does not include any educational intervention addressed to physicians or other health care staff.

## Objective

To describe the patterns of use and performance of dengue RDTs in the routine clinical settings in an hyperendemic area in Colombia

## Methods

- ✓ All subjects attending 14 health care institutions in the state of Valle del Cauca in Colombia, between March and December 2012, who were clinically diagnosed with dengue or were requested a dengue test were included in the study. The latter were randomized to SD BIOLINE® Dengue IgM/IgG or SD BIOLINE® Dengue Duo NS1/IgM/IgG RDTs. Ethical approval was granted by Institutional Ethical Committees of Univalle and Comfandi.
- ✓ Lab and clinical data was obtained from the centralized computer-based records of the health care institutions.
- ✓ Sera samples were stored at -20°C for quality control of RDT and measurement of Sensitivity and Specificity of RDTs against NS1 and IgM ELISA (Panbio® Alere Inc.).
- ✓ Factors associated with requesting a dengue diagnostic test in subjects with clinically diagnosed dengue were identified with contingency tables (OR, 95% CI,  $\chi^2$  or exact tests), nonparametric tests (for quantitative variables) and multivariate logistic regression. A p-value <0.05 was considered as statistically significant.

## Results

Quality control showed very high agreement of RDT results between the health care institutions and reference labs

| Test       | Institution / Reference Lab |           | Kappa Index % (95%CI) | Interpretation |
|------------|-----------------------------|-----------|-----------------------|----------------|
|            | Positives                   | Negatives |                       |                |
| NS1 only   | 7/8                         | 72/73     | 86.1 (67.3%-100%)     | Almost perfect |
| IgM only   | 19/22                       | 64/70     | 74.3 (58.6-90.1%)     | Substantial    |
| NS1 or IgM | 18/21*1                     | 55/60*2   | 70.7 (62.8%-84%)      | Substantial    |
| IgG only   | 27/34                       | 53/58     | 71.7 (56.8%-86.5%)    | Substantial    |

\*1 Either positive \*2 Both negative

Table 1. Results of quality control of dengue RDT by a reference lab

Sensitivity of IgM RDT against ELISA was low affecting the performance of DUO NS1/IgM

| Component  | Agreement RDT/ELISA |           | Sensitivity (95%CI) | Specificity (95%CI) |
|------------|---------------------|-----------|---------------------|---------------------|
|            | Positives           | Negatives |                     |                     |
| NS1 only   | 25/28               | 310/316   | 89.3 (71.8-97.7)    | 98.1 (96-99.3)      |
| IgM only   | 53/130              | 360/365   | 40.8 (32.2-49.7)    | 98.6 (96.8-99.6)    |
| NS1 or IgM | 42/68*1             | 169/174*2 | 54.4 (42-66.5)      | 97.1 (93.4-99.1)    |

\*1 Either positive \*2 Both negative

Table 2. Comparison of dengue RDT against ELISA

## Results

A total of 1,039 dengue RDTs were performed in 925 subjects 35% of RDTs were Dengue NS1/IgM/IgG and 65% IgM/IgG IgM and IgG positivity increased with time

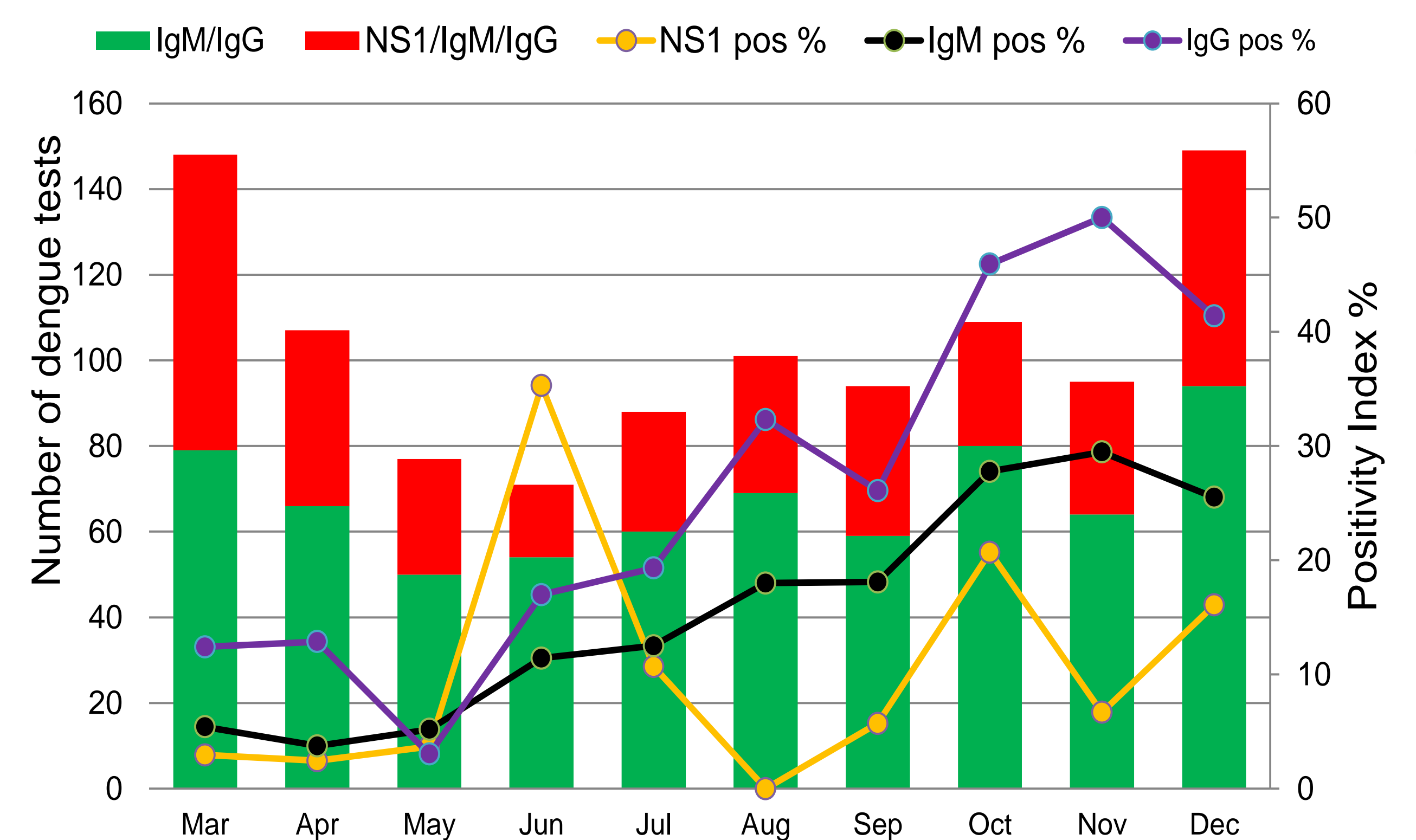


Figure 1. Trends in number of dengue RDTs requested and positive results

1 in 25 subjects whose clinical diagnosis was other than dengue had a positive dengue RDT. More than 60% of subjects with a clinical diagnosis of dengue were NS1 and IgM negative

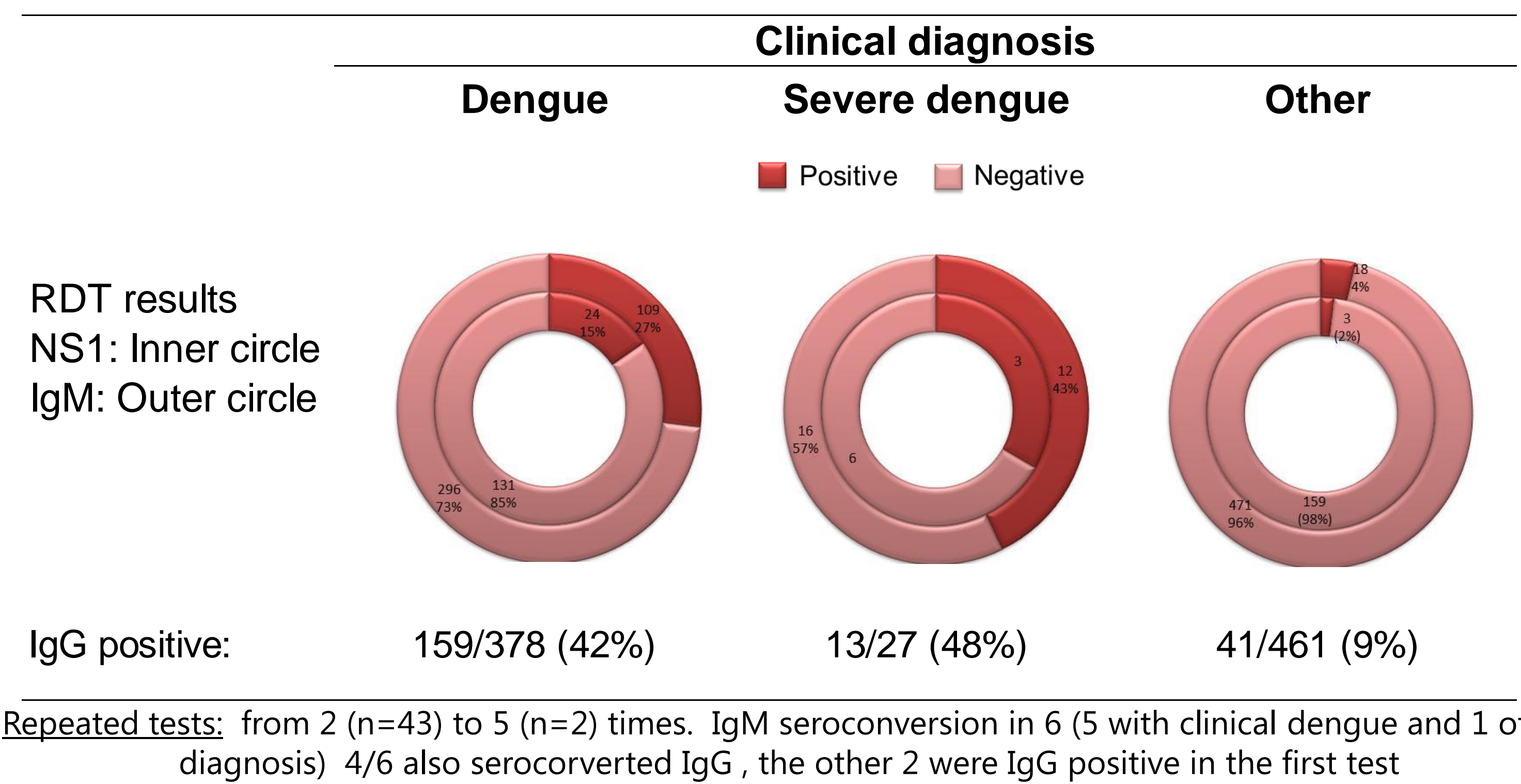


Figure 2. Dengue RDT results according to clinical diagnosis

Requesting a Dengue RDT was associated with severe dengue, seeking care in the emergency clinic, the highest level of care, and time of the year

| Characteristic            | Dengue test requested |                   | OR (95%CI)      | P-value | Adj OR (95%CI)  | P-value |
|---------------------------|-----------------------|-------------------|-----------------|---------|-----------------|---------|
|                           | Yes N=386 (%)         | No 392 (%)        |                 |         |                 |         |
| Sex                       |                       |                   |                 |         |                 |         |
| Male                      | 236 (61.1)            | 229 (58.4)        | 1               |         |                 |         |
| Female                    | 150 (38.9)            | 163 (41.6)        | 0.8 (0.7 - 1.2) | 0.4     |                 |         |
| Years of age              |                       |                   |                 |         |                 |         |
| Median (range)            | 20.8 (0.6-79)         | 20.9 (0.3 - 91.8) |                 | 0.3     |                 |         |
| Dengue classification     |                       |                   |                 |         |                 |         |
| Non-severe                | 360 (93.2)            | 379 (96.7)        | 1               |         |                 |         |
| Severe                    | 26 (6.8)              | 13 (3.3)          | 2.1 (1 - 4.2)   | 0.03    | 2.2 (1.1 - 4.5) | 0.02    |
| Institution level of care |                       |                   |                 |         |                 |         |
| Primary                   | 147 (38.1)            | 221 (56.4)        | 1               |         | *               |         |
| Secondary                 | 93 (24.1)             | 104 (26.5)        | 1.3 (0.9-1.9)   | 0.09    |                 |         |
| Tertiary                  | 146 (37.8)            | 67 (17.1)         | 3.3 (2.2-4.7)   | <0.001  |                 |         |
| Ward                      |                       |                   |                 |         |                 |         |
| Outpatient                | 171 (44.3)            | 237 (60.5)        |                 |         |                 |         |
| Emergency                 | 215 (55.7)            | 155 (39.5)        | 2 (1.4 - 2.5)   | <0.001  | 1.9 (1.4 - 2.5) | <0.001  |
| Month                     |                       |                   |                 |         |                 |         |
| March                     | 46 (12)               | 81 (20.7)         | 1               |         | 1               |         |
| April                     | 39 (10.1)             | 45 (11.5)         | 1.5 (0.8 - 2.6) | 0.1     | 1.4 (0.7 - 2.4) | 0.2     |
| May                       | 19 (5)                | 38 (9.7)          | 0.8 (0.4 - 1.7) | 0.7     | 0.7 (0.4 - 1.5) | 0.5     |
| June                      | 29 (7.5)              | 28 (7.1)          | 1.8 (0.9 - 3.4) | 0.06    | 1.7 (0.9 - 3.3) | 0.08    |
| July                      | 29 (7.5)              | 27 (6.9)          | 1.9 (1 - 3.5)   | 0.05    | 1.6 (0.8 - 3.1) | 0.1     |
| August                    | 32 (8.3)              | 29 (7.4)          | 1.9 (1 - 3.6)   | 0.03    | 1.9 (1 - 3.6)   | 0.04    |
| September                 | 35 (9)                | 37 (9.4)          | 1.6 (0.9 - 3)   | 0.08    | 1.5 (0.8 - 2.7) | 0.2     |
| October                   | 51 (13.2)             | 29 (7.4)          | 3 (1.7 - 5.5)   | <0.001  | 3.1 (1.7 - 5.5) | <0.001  |
| November                  | 36 (9.3)              | 25 (6.4)          | 2.5 (1.3 - 4.7) | 0.004   | 2.3 (1.2 - 4.4) | 0.008   |
| December                  | 70 (18.1)             | 53 (13.5)         | 2.3 (1.4 - 3.8) | 0.001   | 2 (1.2 - 3.4)   | 0.006   |

\* Dropped from model because collinearity with ward

Table 3. Factors associated with requesting a dengue RDT in subjects with clinical diagnosis of dengue

## Conclusions

- ✓ Dengue RDT are been used for both rule in and rule out diagnosis.
- ✓ High sensitivity in diagnostic tests is required to correctly use them to rule out diagnosis.<sup>1</sup> The latter is not supported by sensitivity of current dengue RDTs.<sup>2</sup> Hence, there is demand for improved dengue RDT sensitivity.
- ✓ Requesting a dengue diagnostic test appears to depend on physician/institutional's, patient and epidemiological related factors.
- ✓ IgM and IgG positivity indexes are potentially useful for early detection of outbreaks
- ✓ Validity of these RDT results against gold standard methods and impact of RDT are to be determined.
- ✓ High sensitivity, a simple quality control strategy, and automatization are priorities for R&D of dengue diagnostics.

## References

1. Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice. Eds. Guyatt & Rennie. Chicago, IL: JAMA, 2008 2. Osorio L, Ramirez M, Bonelo A, et al. Comparison of the diagnostic accuracy of commercial NS1-based diagnostic tests for early dengue infection. Virol J 2010

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## Disclaimer

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