

EACCR Reciprocal Monitoring

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Monitoring Definition (1)

The act of overseeing the progress of a clinical trial, and of ensuring that it is

- □Conducted,
- □Recorded,
- ■And reported

in accordance with

- □ Protocol,
- ☐ Standard Operating Procedures (SOPs),
- □Good Clinical Practice (GCP),
- □ Applicable regulatory requirement(s).

ICH GCP 1.38

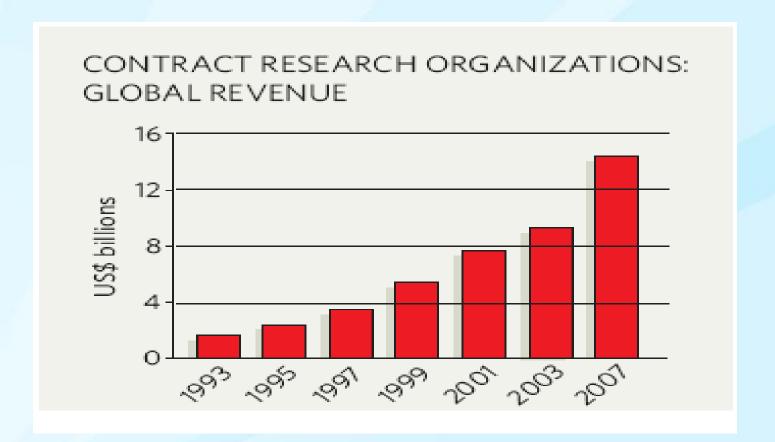
Monitoring Definition (2)

Should be incorporated in a trial right from study design

Be ongoing, helpful and fundamental

Be proportional to the risk and complexity of the trial

Current Situation



Source: Wademan M. (Nature 2006)

The Need

 A practical and sensible approach to quality management through a system that would assure ethical and data standards whilst being appropriately tailored to the risk, complexity and nature of the study as well as being low cost and highly pragmatic.

Cheaper but same quality options to support the conduct trials in Africa

Contract Research Organization (CRO) Vs Reciprocal monitoring (1)

CRO

- Costly -Not sustainable
- No accrued expertise in a particular research area
- Owned/contracted by the sponsor
- Minimal flexibility to tailor make applications to prevailing situation

Contract Research Organization (CRO) Vs Reciprocal monitoring (2)

Reciprocal Monitoring

- Involves staffs engaged in actual research trials
- Offers opportunity to share experience across the trials sites
- A lot less costly
- An opportunity for capacity building to better trials conduct

EACCR Reciprocal Monitoring scheme

- Coordination
 - The scheme is co-coordinated by:
 - Annet Nanvubya-UVRI IAVI HIV Vaccine Program
 - 2. Elizabeth Ayuo-KEMRI/CDC
 - Financial coordination done from KEMRI/CDC Kisumu

Training at Kilifi



RMS Monitors-post training



Regional distribution of participating countries and institutions

Country	Institution	# of trials
Tanzania	•NIMR- Mwanza •NIMR-Dar le Salaam •KCRI	4
Uganda	•Makerere University•UVRI IAVI•UVRI-MRC•Nsambya Hospital	4
Kenya	•KEMRI-CDC •KEMRI-Wellcome Trust •KEMRI-WRP •KAVI	7
Ethiopia	University of Gondar	None
Sudan	University of Khartoum	None

Monitors' Training at Kilifi Feb 2011





Zewdu from Ethiopia





Annet from Uganda

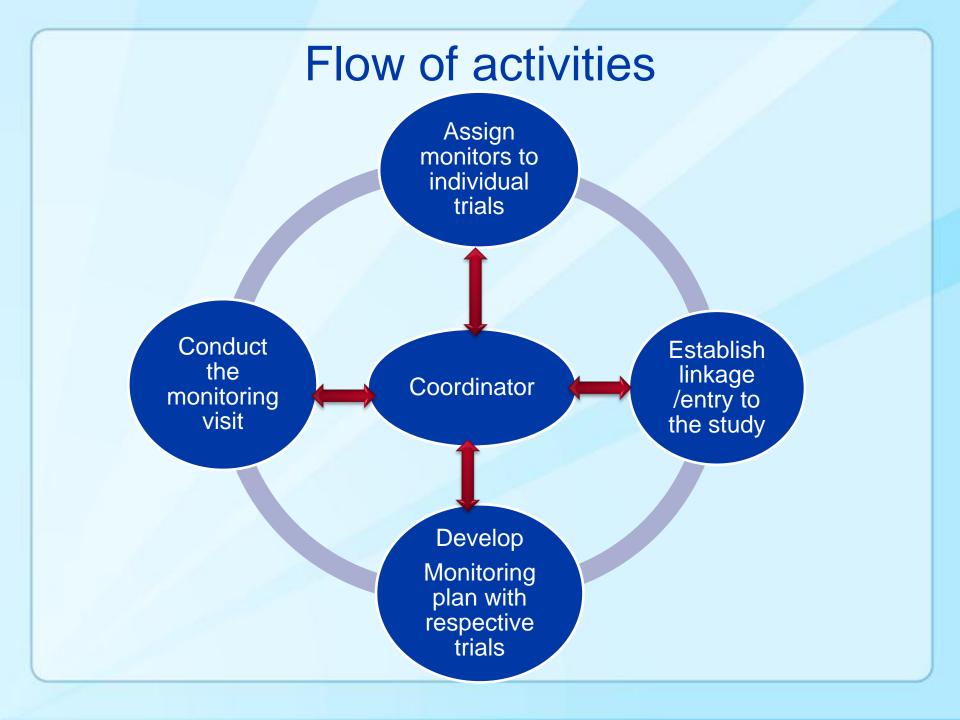


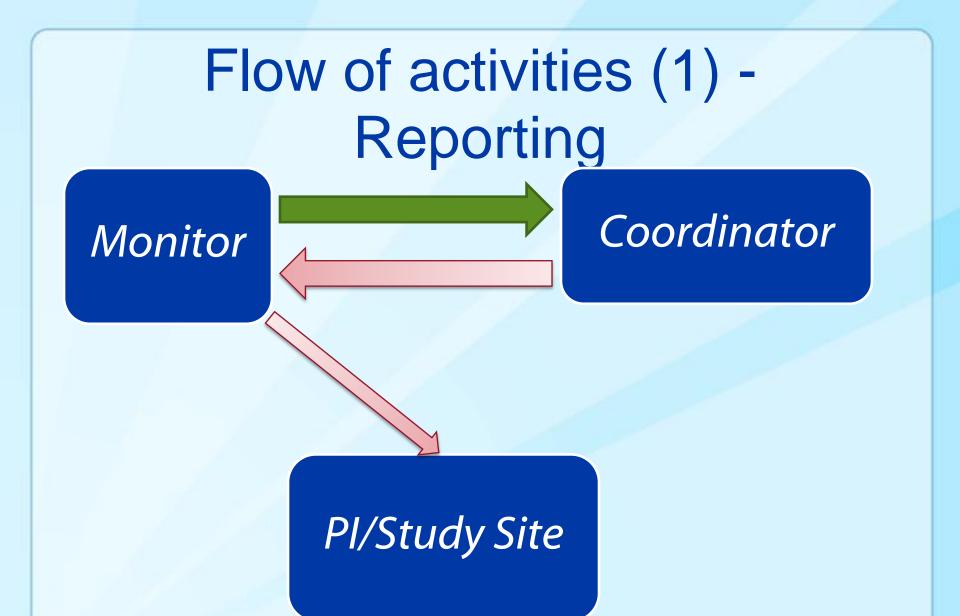


Wanze from Tanzania

Tools being used

- Checklists
- Report templates
- Monitoring plans
- Note-to-file template
- Standard operating procedures
- Confidentiality Statement form
- Below are examples





To date

- RMS has a pool of 22 trained monitors
- 5 new monitors mentored
- 2 monitoring trainings conducted
- 11 studies monitored, 25 monitoring visits conducted so far across East Africa
- 3 consultative requests for services from PIs
- Evaluation of scheme conducted in May 2012
- 1 manuscript submitted "A Global rethink of Clinical Trial Monitoring Practices: Lessons from East African and South East Asian experience"

Success factors

- Cooperation from member institutions
 - Volunteering studies that can be monitored using this scheme
 - Allowing the monitors time out to conduct the monitoring visits and other related activities
- Commitment from the monitors to participate in this with professionalism

Challenges encountered

- Work load balancing for monitors between their primary duties and EACCR monitoring
- Uncertainty of finances for continuity
- Limited training opportunities to access internationally accredited courses
- Occasional communication breakdown due to nonresponse from PIs & a few monitors
- Fixing visit dates that are suitable for monitors and the study staff

Asanteni sana

