30 High Burden Countries

Every Day:
- 30,000 TB cases occur
- 4,300 people die

Risk of infection with tuberculosis
- 1/3rd of global population can contract TB
- 10% of population at risk of developing active TB

10 million cases in 2018
- 1.2 million deaths
- 250,000 among PLHIV
- 4/10 deaths in PLHIV are due to TB

Vision

increase knowledge about TB

Create space for dialogue

Gain Perspective

Increase interest in science/research

Raise TB Champions

Key messages about TB and HIV

People infected with TB should ensure they stay in well-ventilated rooms and take medication on time.

Don’t spread the news but spread the help because discriminating infected people doesn’t make their load any lighter.

People infected should go for counseling and accept themselves the way they are.

If you have TB do not isolate yourself from others.

No discrimination.

Prevention of TB: Open the windows, cover your mouth while coughing, wash your hands.

Signs of TB: coughing up blood, sweating, loss of weight, chest pains, fever.

Accept others for who they are.

Parents should disclose to their children the reason why they are taking medication.

It’s everyone’s responsibility to know their status voluntarily not by circumstances such as pregnancy.

We should not personalize the problem so that we find solutions.

Always go for check-ups and take treatment as prescribed.

We should never let our religious beliefs get in the way of our treatment.

There is still a lot of stigma even during the 21st century.

Youth Declaration

Ensure that no young person is left behind.

Recognize young people as agents of change.